ANNEXURE - I SYLLABUS FOR EXAMINATION (CBT Method)

PSYCHOLOGY PG DEGREE STANDARD

SUBJECT CODE: 372

Paper-I

UNIT-I DEVELOPMENTAL PSYCHOLOGY

Prenatal, Infancy, Childhood – Characteristics, Periods, Hazards, Developmental Tasks. Physical, Cognitive, Social, Emotional, Moral Development

Adolescences - Characteristics, Hazards, Developmental Tasks, Physical, Cognitive, Social, Emotional, Moral Development

Adulthood - Characteristics, Developmental Tasks, Vocational & Marital Adjustment, Hazards, Physical, Emotional and Social Changes.

Middle age - Characteristics, Developmental Tasks, Vocational & Marital Adjustment, Hazards, Physical, Emotional and Social Changes.

Old age - Characteristics, Developmental Tasks, Hazards, Physical, Emotional and Social Changes, Graceful Aging and Death and Adjustments.

UNIT II: PERSONALITY: THEORIES AND APPLICATIONS

Personality - Definition, Levels of Personality Analysis, Sources of Personality Data, Role of Personality Theory, Personality Assessments

Approaches - Psychodynamic, Dispositional, Biological, Intra-psychic, Cognitive, Experiential, Social and Cultural. Eastern Perspective - Yoga and Hindu Tradition, Zen Buddhism, Sufism and Islamic Tradition. Applications of Various approaches of Personality.

UNIT-III - BIO PSYCHOLOGY

Introduction to Neuron and Nervous System – Brain and its functions – Endocrine Glands – Characteristics, Major Endocrine glands, Hormone Characteristics and Functions. State of Consciousness. Physiology of Motivation and Emotions. Research Methods in Bio Psychology.

UNIT-IV - COGNITIVE PSYCHOLOGY

Cognitive Psychology - Nature, History, Cognitive Neuro Science and Applications – Perception - Definition, Nature & Theories. Attention – Processing Capacity in Selective Attention, Models of Selective attention. Pattern Recognition and Consciousness. Memory Structure and Processes – Types and Process of Memory, Theories of neurocognition. Mental Representation – Models, Mental Imagery - and Cognitive Psychology, Cognitive maps, Storing and Retrieval, Theories of retrieval, Forgetting, Cognitive Development - Life Span Development and Theories.

UNIT V: ADVANCED SOCIAL PSYCHOLOGY

Social Psychology – Definition, Perspectives, Social Perception, Social Cognition, Attitudes, Social Identity, Prejudice - Causes and Effects. Interpersonal Attraction - Close relationships, Social Influence, Pro Social Behaviour, Aggression – Nature, cause and control, Groups and Individual behaviour. Social Psychology in Action.

UNIT VI - HEALTH PSYCHOLOGY-

Health Psychology – Definition & Scope. Historical Perspective on health & healing. Factors influencing Health. General approaches to health – Models and theories of health, Psychological approaches to health. Health enhancing behaviour - Eating

behaviour & health, Maintaining healthy weight, Healthy relationships – Sexuality, Intimacy, Communication, Anger.

Health compromising behaviour- Smoking –Tobacco and its biological & psychological effects, Tobacco related damage to health, quitting smoking and related therapies. Alcohol – biological and social effect, Use and abuse, Interventions for alcoholism. Stress and Coping – Types of stressors, Theories of stress, types of coping, stress management techniques. Cardiovascular Disease, Psychoneuroimmunology.

UNIT-VII: PSYCHOPATHOLOGY

Mental disorders – Models, Diagnostic classification system. Theoretical approaches of Psychopathology. Assessment – Clinical interviews, MSE, MMSE, Case history, Clinical observations. Tests- Intelligence, Neuropsychological testing, Developmental and Educational testing – Organic disorders – Disorders of childhood and adolescence, Anxiety, Trauma, Stress related and Somatoform disorders, Disorders of adult personality, gender and behaviour -Impulse control disorder, Substance use and addictive disorder, Sexual dysfunctions, Mood- Disorder, Schizophrenia and other psychotic disorder. Ethics in clinical practice.

UNIT VIII: ORGANIZATIONAL BEHAVIOUR AND HUMAN RESOURCE MANAGEMENT

Organizational Behaviour- Definition, Nature & scope, Approaches. Perception, Attitude, Learning, Attribution, Motivation – Definition, theories and applications in organizations. Communication, Leadership and theories, Change process. Group and Teams, Conflict process, Power and politics.

Human Resource Management – Definition, Nature and Scope, Human Resource Planning, Job Analysis, Recruitment, Selection and Placement Compensation, Performance and Management, Training and Development, Grievance, Discipline and Risk Management, Recent Trends in Human Resource Practices.

UNIT-IX: COUNSELLING AND THERAPY

Counselling – Origin, Scope and Structure – Steps in Counselling - Factors affecting counselling process, Skills for an effective counsellor – Factors of Counsellee – Early Theories of Counselling - Contemporary Theories of Counselling, Individual Counselling - Nature, Process and Benefits, Group Counselling – Nature, Scope and Limitations – School Counselling - Nature Role of Teacher, School Counsellor, Counselling and School Curriculum, Vocational Counselling - Theories, Process, Counselling in Specific areas – Family, Marriage, Women, Weaker Section, drug addicts, Delinquents – Review of Counselling - Counselling Evaluation, Monitoring, Evaluation - Approaches, Types, Techniques.

UNIT-X: RESEARCH METHODOLOGY

Research - Objectives, Types, Significance, Steps in research process, Ethics in Research.

Research problem – Review of literature, Measurement, Variables and Hypothesis, Sampling techniques – Non experimental Method – Observational Research, Interviewing, Focus groups, Survey, Case study. Experimental Method – Single factor design, Factorial Design, Standardization of psychological test. Parametric and Non-Parametric statistics. Qualitative Research Methods and analysis. Reporting research in Psychology.

<u>Paper-II</u> <u>SYLLABUS FOR EXAMINATION (CBT Method)</u>

PART - A

TAMIL ELIGIBILITY TEST (SSLC STANDARD) <u>கட்டாய தமிழ்மொழி தகுதித் தேர்விற்கான பாடத்திட்டம்</u> <u>(கொள்குறி வினாவிற்கான தலைப்புகள்)</u> பத்தாம் வகுப்பு தரம்

- 1 பிரித்தெழுதுதல், சேர்த்தெழுதுதல்.
- 2. எதிர்ச்சொல்லை எடுத்தெழுதுதல்.
- 3. பொருந்தா ச்சொல்லைக் கண்டறிதல்.
- 4. பிழை திருத்தம் (i) சந்திப்பிழையை நீக்குதல் (ii) மரபுப் பிழைகள், வழுவுச் சொற்களை நீக்குதல் / பிறமொழிச் சொற்களை நீக்குதல்.
- 5. ஆங்கிலச் சொல்லுக்கு நேரான தமிழ்ச் சொல்லை அறிதல்.
- 6. ஒலி மற்றும் பொருள்வேறுபாடறிந்து சரியான பொருளையறிதல்.
- 7. ஒரு பொருள் தரும் பல சொற்கள்.
- வேர்ச்சொல்லைத் தேர்வு செய்தல்.
- 9. வேர்ச்சொல்லைக் கொடுத்து / வினைமுற்று, வினையெச்சம், வினையாலணையும் பெயர்,தொழிற்பெயரை, உருவாக்கல்.
- 10. அகர வரிசைப்படிசொற்களை சீர் செய்தல்.
- 11. சொற்களை ஒழுங்குப்படுத்தி சொற்றொடராக்குதல்.
- 12. இருவினைகளின் பொருள் வேறுபாடு அறிதல். (எ.கா.) குவிந்து.குவித்து
- 13. விடைக்கேற்ற வினாவைத் தேர்ந்தெடுத்தல்.
- 14. எவ்வகை வாக்கியம் என க்கண்டெழுதுதல் தன்வினை, பிறவினை, செய்வினை, செயப்பாட்டு வினை வாக்கியங்களைக் கண்டெழுதுதல்.
- 15. உவமையால் விளக்கப்பெறும் பொருத்தமான பொருளைத் தேர்ந்தெழுதுதல்
- 16. அலுவல்சார்ந்தசொற்கள் (கலைச்சொல்)
- 17. விடைவகைகள்.
- 18. பிறமொழிச் சொற்களுக்கு இணையான தமிழ்ச் சொற்களைக் கண்டறிதல் (எ.கா.) கோல்டுபிஸ்கட் - தங்கக்கட்டி.
- 19. ஊர்ப் பெயர்களின் மரூஉவை எழுதுக (எ.கா.) தஞ்சாவூர் தஞ்சை
- 20. நிறுத்தற்குறிகளை அறிதல்.

- 21. பேச்சு வழக்கு, எழுத்து வழக்கு (வாரான் வருகிறான்).
- 22. சொற்களை இணைத்து புதிய சொல் உருவாக்கல்.
- 23. பொருத்தமான காலம் அமைத்தல் (இறந்தகாலம், நிகழ்காலம், எதிர்காலம்).
- 24. சரியான வினாச் சொல்லைத் தேர்ந்தெடு.
- 25. சரியான இணைப்புச் சொல் (எனவே, ஏனெனில், ஆகையால், அதனால், அதுபோல).
- 26. அடைப்புக்குள் உள்ள சொல்லைத் தகுந்த இடத்தில் சேர்க்க.
- 27. இருபொருள்தருக.
- 28. குறில் நெடில் மாற்றம், பொருள் வேறுபாடு.
- 29. கூற்று, காரணம் சரியா? தவறா?
- 30. கலைச்சொற்களை அறிதல் :-
 - எ.கா. Artificial Intelligence செயற்கை நுண்ணறிவு Super Computer - மீத்திறன் கணினி
- 31. பொருத்தமான பொருளைத் தெரிவு செய்தல்
- 32. சொற்களின் கூட்டுப் பெயர்கள் (எ.கா.) புல் புற்கள்
- 33. சரியான தொடரைத் தேர்ந்தெடுத்தல்
- 34. பிழை திருத்துதல் (ஒரு ஓர்)
- 35. சொல் பொருள் பொருத்துக
- 36. ஒருமை பன்மை பிழை
- 37. பத்தியிலிருந்து வினாவிற்கான சரியான விடையைத் தேர்ந்தெடு.

Paper-II

PART - B

GENERAL STUDIES (DEGREE STANDARD)

CODE NO.003

UNIT-I: GENERAL SCIENCE

- (i) Scientific Knowledge and Scientific Temper Power of Reasoning Rote Learning vs Conceptual Learning Science as a tool to understand the past, present and future.
- (ii) Nature of Universe General Scientific Laws Mechanics Properties of Matter, Force, Motion and Energy Everyday application of the Basic Principles of Mechanics, Electricity and Magnetism, Light, Sound, Heat, Nuclear Physics, Laser, Electronics and Communications.
- (iii) Elements and Compounds, Acids, Bases, Salts, Petroleum Products, Fertilisers, Pesticides.
- (iv) Main concepts of Life Science, Classification of Living Organisms, Evolution, Genetics, Physiology, Nutrition, Health and Hygiene, Human Diseases.
- (v) Environment and Ecology.

UNIT-II: CURRENT EVENTS

- (i) History Latest diary of events National symbols Profile of States Eminent personalities and places in news Sports-Books and authors.
- (ii) Polity Political parties and political system in India-Public awareness and General administration- Welfare oriented Government schemes and their utility, Problems in Public Delivery Systems.
- (iii) Geography-Geographical landmarks.
- (iv) Economics-Current socio-economic issues.
- (v) Science-Latest inventions in Science and Technology.
- (vi) Prominent Personalities in various spheres Arts, Science, Literature and Philosophy.

UNIT-III: GEOGRAPHY OF INDIA

- (i) Location Physical features Monsoon, Rainfall, Weather and Climate Water Resources Rivers in India Soil, Minerals and Natural Resources Forest and Wildlife Agricultural pattern.
- (ii) Transport -Communication.
- (iii) Social Geography Population density and distribution- Racial, Linguistic Groups and Major Tribes.
- (iv) Natural calamity Disaster Management Environmental pollution: Reasons and preventive measures – Climate change – Green energy.

UNIT-IV: HISTORY AND CULTURE OF INDIA

- (i) Indus Valley Civilization Guptas, Delhi Sultans, Mughals and Marathas Age of Vijayanagaram and Bahmani Kingdoms South Indian History.
- (ii) Change and Continuity in the Socio Cultural History of India.
- (iii) Characteristics of Indian Culture, Unity in Diversity –Race, Language, Custom.
- (iv) India as a Secular State, Social Harmony.

UNIT-V: INDIAN POLITY

- (i) Constitution of India Preamble to the Constitution- Salient features of the Constitution- Union, State and Union Territory.
- (ii) Citizenship, Fundamental Rights, Fundamental Duties, Directive Principles of State Policy.
- (iii) Union Executive, Union Legislature State Executive, State Legislature Local Governments, Panchayat Raj.
- (iv) Spirit of Federalism: Centre-State Relationships.
- (v) Election Judiciary in India Rule of Law.
- (vi) Corruption in Public Life Anti-corruption measures Lokpal and Lok Ayukta - Right to Information- Empowerment of Women-Consumer Protection Forums, Human Rights Charter.

UNIT-VI: INDIAN ECONOMY

- (i) Nature of Indian Economy Five year plan models an assessment Planning Commission and Niti Ayog.
- (ii) Sources of revenue Reserve Bank of India Fiscal Policy and Monetary Policy Finance Commission Resource sharing between Union and State Governments Goods and Services Tax.
- (iii) Structure of Indian Economy and Employment Generation, Land Reforms and Agriculture Application of Science and Technology in Agriculture Industrial growth Rural Welfare Oriented Programmes Social Problems Population, Education, Health, Employment, Poverty.

UNIT-VII: INDIAN NATIONAL MOVEMENT

- (i) National Renaissance Early uprising against British rule Indian National Congress Emergence of leaders B.R. Ambedkar, Bhagat Singh, Bharathiar, V.O. Chidambaranar Jawaharlal Nehru, Kamarajar, Mahatma Gandhi, Maulana Abul Kalam Azad, Thanthai Periyar, Rajaji, Subash Chandra Bose, Rabindranath Tagore and others.
- (ii) Different modes of Agitation: Growth of Satyagraha and Militant Movements.
- (iii) Communalism and Partition.

<u>UNIT-VIII: History, Culture, Heritage and Socio-Political Movements in Tamil Nadu</u>

- (i) History of Tamil Society, related Archaeological discoveries, Tamil Literature from Sangam Age till contemporary times.
- (ii) Thirukkural: (a) Significance as a Secular Literature
 - (b) Relevance to Everyday Life
 - (c) Impact of Thirukkural on Humanity
 - (d) Thirukkural and Universal Values Equality, Humanism, etc
 - (e) Relevance to Socio-Politico-Economic affairs
 - (f) Philosophical content in Thirukkural
- (iii) Role of Tamil Nadu in freedom struggle Early agitations against British Rule Role of women in freedom struggle.
- (iv) Evolution of 19th and 20th Century Socio Political Movements in Tamil Nadu Justice Party, Growth of Rationalism Self Respect Movement, Dravidian Movement and Principles underlying both these Movements, Contributions of Thanthai Periyar and Perarignar Anna.

UNIT-IX: Development Administration in Tamil Nadu

- (i) Human Development Indicators in Tamil Nadu and a comparative assessment across the Country Impact of Social Reform Movements in the Socio Economic Development of Tamil Nadu.
- (ii) Political parties and Welfare schemes for various sections of people Rationale behind Reservation Policy and access to Social Resources Economic trends in Tamil Nadu Role and impact of social welfare schemes in the Socio-Economic Development of Tamil Nadu.
- (iii) Social Justice and Social Harmony as the Cornerstones of Socio-Economic Development.
- (iv) Education and Health Systems in Tamil Nadu.
- (v) Geography of Tamil Nadu and its impact on Economic growth.
- (vi) Achievements of Tamil Nadu in various fields.
- (vii) e-Governance in Tamil Nadu.

UNIT-X: APTITUDE AND MENTAL ABILITY

- (i) Simplification Percentage Highest Common Factor (HCF) Lowest Common Multiple (LCM).
- (ii) Ratio and Proportion.
- (iii) Simple interest Compound interest Area Volume Time and Work.
- (iv) Logical Reasoning Puzzles-Dice Visual Reasoning Alpha numeric Reasoning Number Series.