

# **TN TRB PG Asst.**

**Previous Year Paper  
(PE Grade-I)  
15 Feb, 2022**

# Test Prime

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Module Name : Physical Education-E

Exam Date : 15-Feb-2022 Batch : 14:00-17:00

Sr. No.	Question Body and Alternatives
1	<p>1</p> <p>The research study involving Human behaviour is called as :</p> <p>A : Qualitative Research – (Correct Alternative)</p> <p>B : Quantitative Research</p> <p>C : Basic Research</p> <p>D : Action Research</p>
2	<p>2</p> <p>_____ aims to find out immediate problem facing by society.</p> <p>A : Historical Research</p> <p>B : Basic Research</p> <p>C : Quantitative research</p> <p>D : Action Research – (Correct Alternative)</p>
3	<p>3</p> <p>_____ helps to improve classroom teaching process.</p> <p>A : Historical research</p> <p>B : Cross Sectional research</p> <p>C : Action research – (Correct Alternative)</p> <p>D : Survey study</p>
4	<p>4</p> <p>Thematic appreciation test used to find out individual traits which comes under :</p> <p>A : Basic research</p> <p>B : Experimental research</p> <p>C : Qualitative research – (Correct Alternative)</p> <p>D : Longitudinal research</p>
5	<p>5</p> <p>In which research process no external examiner is required ?</p> <p>A : Action Research – (Correct Alternative)</p>

		<p>B : Historical Research</p> <p>C : Experimental research</p> <p>D : Basic research</p>
6	6	<p>Historical research comes under _____.</p> <p>A : Survey research</p> <p>B : Descriptive research – (Correct Alternative)</p> <p>C : Experimental research</p> <p>D : Action research</p>
7	7	<p>_____ is the tool use to justify the pupils response from wide geographical area.</p> <p>A : Interview</p> <p>B : Survey</p> <p>C : Questionnaire – (Correct Alternative)</p>
		<p>D : Test</p>
8	8	<p>This is the Document, which set out your ideas in an easily accessible way _____.</p> <p>A : Research Report</p> <p>B : Research Proposal – (Correct Alternative)</p> <p>C : Interview</p> <p>D : Seminar</p>
9	9	<p>The Best problem for Research is _____.</p> <p>A : Derived from literature</p> <p>B : Past Events</p> <p>C : Arises From the researchers own curiosity – (Correct Alternative)</p> <p>D : Given by research supervisors</p>
10	10	<p>The Most prevalent Descriptive research Technique is _____.</p>

		<p>A : Questionnaire Method – (Correct Alternative)</p> <p>B : Interview Method</p> <p>C : Case study Method</p> <p>D : Experimental method</p>
11	11	<p>The _____ dealt with events that have already occurred.</p> <p>A : Action Research</p> <p>B : Experimental Research</p> <p>C : Historical Research – (Correct Alternative)</p> <p>D : Basic Research</p>
12	12	<p>The philosophical research approach used _____ as the bases for formulating and testing research hypothesis.</p> <p>A : Scientific facts – (Correct Alternative)</p> <p>B : Research outcome</p>
		<p>C : Related Literature</p> <p>D : Statistical Methods</p>
13	13	<p>The research proposal contain the following information :</p> <p>A : Title, Background</p> <p>B : Title , Background, Objectives, Methods, Timetable, Budies and Resource, Expected outcome – (Correct Alternative)</p> <p>C : Title, Literature, Methods , Results</p> <p>D : Methodology</p>
14	14	<p>A discipline deals with collecting, presenting, summarizing and analysing the data is called as :</p> <p>A : Training methods</p> <p>B : Research design</p> <p>C : Research proposal</p> <p>D : Statistics – (Correct Alternative)</p>

15	15	<p>The data possess the characteristics of being numerically expressed is called as :</p> <p>A : Quantitative data – (Correct Alternative)</p> <p>B : Qualitative data</p> <p>C : Primary data</p> <p>D : Secondary data</p>
16	16	<p>The data refers to variable which do not give rise to numerical values is called as :</p> <p>A : Primary data</p> <p>B : Secondary data</p> <p>C : Quantitative data</p> <p>D : Qualitative data – (Correct Alternative)</p>
17	17	<p>What are the 2 types of quantitative data ?</p> <p>A : Nominal and discrete data</p>

		<p>B : Nominal and rank data</p> <p>C : Continuous and discrete data – (Correct Alternative)</p> <p>D : Continuous and Nominal data</p>
18	18	<p>How will you collect the Quantitative data in research ?</p> <p>A : Research Method</p> <p>B : Experiment Research</p> <p>C : Statistics</p> <p>D : Standardised Test – (Correct Alternative)</p>
19	19	<p>What is the formula for calculating the 'Z' score ?</p> <p>A : <math>Z = \frac{X-S}{M}</math></p> <p>B : <math>Z = \frac{X-N}{S}</math></p>

		<p>C : <math>Z = \frac{X+M}{S}</math></p> <p>D : <math>Z = \frac{X-M}{S}</math> – (Correct Alternative)</p>
20	20	<p>What is the formula for calculating the 'T' score ?</p> <p>A : <math>T = 50 + \frac{10(X-M)}{S}</math> – (Correct Alternative)</p> <p>B : <math>T = 50 + \frac{10(X+M)}{S}</math></p> <p>C : <math>T = 50 - \frac{10(X+M)}{S}</math></p> <p>D : <math>T = 50 - \frac{10(X-M)}{S}</math></p>
21	21	<p>A Scale that permits conversion from a raw score to a score capable of comparisons and interpretations is called as :</p> <p>A : Norms – (Correct Alternative)</p>
		<p>B : Validity</p> <p>C : Reliability</p> <p>D : Objectivity</p>
22	22	<p>Who is called father of Idealism ?</p> <p>A : Aristotle</p> <p>B : Socrates</p> <p>C : Plato – (Correct Alternative)</p> <p>D : Mahatma Gandhi</p>
23	23	<p>Experience and Knowledge are " Key notes " of :</p> <p>A : Realism</p> <p>B : Pragmatism – (Correct Alternative)</p> <p>C : Naturalism</p>

		D : Idealism
24	24	<p>Master of philosophy in physical Education the "Dissertation " is :</p> <p>A : Compulsory – (Correct Alternative)</p> <p>B : Not Compulsory</p> <p>C : Choice</p> <p>D : Interested only</p>
25	25	<p>When did started " Sports Authority of India " ?</p> <p>A : 1982</p> <p>B : 1892</p> <p>C : 1992</p> <p>D : 1984 – (Correct Alternative)</p>
26	26	First criterion of selecting a test is :

		<p>A : Reliability</p> <p>B : Norms</p> <p>C : Objectivity</p> <p>D : Validity – (Correct Alternative)</p>
27	27	<p>Validity test mean :</p> <p>A : Test of Significance</p> <p>B : As Accurately as Possible – (Correct Alternative)</p> <p>C : Subjective Rating</p> <p>D : Calculating the score</p>
28	28	<p>Test of Norms is :</p> <p>A : Scale – (Correct Alternative)</p> <p>B : Consistency</p>

		<p>C : Bias of test</p> <p>D : Easy to understand</p>
29	29	<p>A State of well being related with individuals subjective feeling , optimism is called as :</p> <p>A : Physical health</p> <p>B : Mental health – (Correct Alternative)</p> <p>C : Spiritual health</p> <p>D : Social health</p>
30	30	<p>WHO defines health as_____.</p> <p>A : Physical, mental, social well being – (Correct Alternative)</p> <p>B : Physical and mental well being</p> <p>C : Mental and social well being</p> <p>D : Social and spiritual well being</p>
31	31	<p>Name of the causative organism for hydrophobia :</p> <p>A : Tetanus</p> <p>B : Tuberculosis</p> <p>C : Rabies – (Correct Alternative)</p> <p>D : Coronavirus</p>
32	32	<p>ELISA Test is used to identify the disease of following :</p> <p>A : CORONA</p> <p>B : HIV – (Correct Alternative)</p> <p>C : Typhoid</p> <p>D : Chicken pox</p>
33	33	<p>Expanse of AIDS :</p> <p>A : Acquired Immune disease Syndrome</p>

		<p>B : Acquired Immuni Deficiency Syndrome</p> <p>C : Acquired Immuno Deficiency Syndrome</p> <p>D : Acquired Immune Deficiency Syndrome – (Correct Alternative)</p>
34	34	<p>Which one of the following is communicable disease?</p> <p>A : Dengue fever – (Correct Alternative)</p> <p>B : Coronary artery diseases</p> <p>C : Congenital heart disease</p> <p>D : Stroke</p>
35	35	<p>The World No Tobacco day is observed on _____.</p> <p>A : December - 31</p> <p>B : March - 28</p> <p>C : May - 31 – (Correct Alternative)</p> <p>D : February - 28</p>
36	36	<p>What is incubation period in communicable disease?</p> <p>A : Period of infection</p> <p>B : Period of Symptoms</p> <p>C : Period of treatment</p> <p>D : Period between infection and symptom – (Correct Alternative)</p>
37	37	<p>The main Objective of physical fitness actually refers to :</p> <p>A : The fitness of the limbs</p> <p>B : Increasing the speed &amp; agility only</p> <p>C : Success in games and sports</p> <p>D : The ability to perform certain sports skills efficiently by various systems of the body – (Correct Alternative)</p>
38	38	<p>Jump and reach and baithaks will improves....</p>

		<p>A : Abdominal strength</p> <p>B : Abdominal endurance</p> <p>C : Leg power – (Correct Alternative)</p> <p>D : None of the given options</p>
39	39	<p>The only way to build muscles and lean body mass is to engage in :</p> <p>A : Distance running</p> <p>B : Strength training – (Correct Alternative)</p> <p>C : Weight lifting exercises</p> <p>D : Aerobics exercises</p>
40	40	<p>Anaerobic exercises such as weight training &amp; sprinting strengthen :</p> <p>A : Postpone fatigue</p> <p>B : Strengthen heart</p>
		<p>C : Burn excess fat</p> <p>D : Strengthen lungs – (Correct Alternative)</p>
41	41	<p>Which is more advantageous tactics for sportsperson during competition ?</p> <p>A : Record tactics</p> <p>B : Offensive tactics – (Correct Alternative)</p> <p>C : Defensive tactics</p> <p>D : High performance tactics</p>
42	42	<p>Isometric contraction otherwise known as :</p> <p>A : Concentric</p> <p>B : Static – (Correct Alternative)</p> <p>C : Eccentric</p> <p>D : Isokinetic</p>

43	43	<p>Duration of exercise in each station in circuit training for general fitness :</p> <p>A : 20 to 40 seconds</p> <p>B : 30 to 60 seconds</p> <p>C : 60 to 90 seconds</p> <p>D : 30 to 90 seconds – (Correct Alternative)</p>
44	44	<p>In Circuit training for strength endurance the duration of exercise in each station is :</p> <p>A : 20 seconds</p> <p>B : 30 seconds – (Correct Alternative)</p> <p>C : 40 seconds</p> <p>D : 50 seconds</p>
45	45	<p>Fundamental Research is otherwise called as :</p> <p>A : Pure Research</p> <p>B : Action Research</p> <p>C : Basic Research</p> <p>D : Both Pure Research and Basic Research – (Correct Alternative)</p>
46	46	<p>Which Research concern with generalisations and with the formulations of theory ?</p> <p>A : Applied Research</p> <p>B : Action Research</p> <p>C : Fundamental Research – (Correct Alternative)</p> <p>D : Empirical Research</p>
47	47	<p>Research means :</p> <p>A : To searching</p> <p>B : Investigating new things</p> <p>C : To search Knowledge</p>

		D : All the given options – (Correct Alternative)
48	48	<p>Endomorphy body type is a classification of :</p> <p>A : Kretschmer</p> <p>B : Sheldon – (Correct Alternative)</p> <p>C : Jung</p> <p>D : Friedman</p>
49	49	<p>Contraction Power of a muscle is called :</p> <p>A : Muscular Endurance</p> <p>B : Muscular Strength – (Correct Alternative)</p> <p>C : Agility</p> <p>D : Speed</p>
50	50	Ability of a muscle to resist muscular fatigue is :

		<p>A : Muscular Endurance – (Correct Alternative)</p> <p>B : Muscular Speed</p> <p>C : Muscular Size</p> <p>D : Muscular Flexibility</p>
51	51	<p>Sports Training is consists of _____ parts.</p> <p>A : 1</p> <p>B : 2</p> <p>C : 3</p> <p>D : 4 – (Correct Alternative)</p>
52	52	<p>Circuit training is :</p> <p>A : Only one muscle strengthening exercise done with intervals</p> <p>B : Leisure time activity</p>

		<p>C : 6 to 10 exercises arranged in different stations – (Correct Alternative)</p> <p>D : One sided training methods</p>
53	53	<p>Basic tactical conceptions are :</p> <p>A : Offensive or attacking tactics</p> <p>B : Defensive tactics</p> <p>C : High performance tactics</p> <p>D : All the given options – (Correct Alternative)</p>
54	54	<p>How many officials required in wrestling competition ?</p> <p>A : 3 – (Correct Alternative)</p> <p>B : 2</p> <p>C : 4</p> <p>D : 5</p>
55	55	<p>What is the maximum length of the hurdle base shall be ?</p> <p>A : 69 cm</p> <p>B : 70 cm – (Correct Alternative)</p> <p>C : 73 cm</p> <p>D : 80 cm</p>
56	56	<p>What is the length of the Antenna in Volleyball ?</p> <p>A : 1.80 mts – (Correct Alternative)</p> <p>B : 1.65 mts</p> <p>C : 1.70 mts</p> <p>D : 2.36 mts</p>
57	57	<p>Maximum size of the Hockey net mesh.</p> <p>A : 20 mm</p>

		<p>B : 35 mm</p> <p>C : 45 mm – (Correct Alternative)</p> <p>D : 40 mm</p>
58	58	<p>An ideal table should not consist of the following main parts :</p> <p>A : Table number</p> <p>B : Theory – (Correct Alternative)</p> <p>C : Title of the table</p> <p>D : Captions or column headings</p>
59	59	<p>In research, good hypothesis emerge form :</p> <p>A : Discussion</p> <p>B : Literature – (Correct Alternative)</p> <p>C : Observation</p>
		<p>D : Reasoning</p>
60	60	<p>Simultaneous vision with both the eyes is called :</p> <p>A : Monocular vision</p> <p>B : Binocular vision – (Correct Alternative)</p> <p>C : Kineasthetic sense</p> <p>D : Tunnel vision</p>
61	61	<p>Auditory perception plays an important role in following sport :</p> <p>A : Wrestling</p> <p>B : Chess</p> <p>C : Carrom</p> <p>D : 100 m Run – (Correct Alternative)</p>
62	62	<p>Nervous reaction to situation is called :</p>

		<p>A : Peacefulness</p> <p>B : Speed</p> <p>C : Tension – (Correct Alternative)</p> <p>D : Laziness</p>
63	63	<p>The state of natural body's equilibrium is disturbed due to any threat to organism is called :</p> <p>A : Equilibrium</p> <p>B : Balance</p> <p>C : Stress – (Correct Alternative)</p> <p>D : Laziness</p>
64	64	<p>The minimum duration for the Harvard fitness test is :</p> <p>A : 3 mins</p> <p>B : 4 mins</p> <p>C : 5 mins – (Correct Alternative)</p> <p>D : 6 mins</p>
65	65	<p>How many verticals are there in Khelo India programme ?</p> <p>A : 10</p> <p>B : 11</p> <p>C : 12 – (Correct Alternative)</p> <p>D : 13</p>
66	66	<p>How many steps in Surya namaskar ?</p> <p>A : 13</p> <p>B : 12 – (Correct Alternative)</p> <p>C : 10</p> <p>D : 15</p>

67	67	<p>In which year Pro kabaddi league launched in India ?</p> <p>A : 2016</p> <p>B : 2014 – (Correct Alternative)</p> <p>C : 2010</p> <p>D : 2006</p>
68	68	<p>What is the distance of the take over zone in 4x400 mts relay ?</p> <p>A : 20 mts – (Correct Alternative)</p> <p>B : 10 mts</p> <p>C : 15 mts</p> <p>D : 22 mts</p>
69	69	<p>The angle of landing sector area of shot-put is :</p> <p>A : 45°</p>
		<p>B : 40°</p> <p>C : 90°</p> <p>D : 34.92° – (Correct Alternative)</p>
70	70	<p>What is the minimum length of the runway in Javelin throw ?</p> <p>A : 20 mts</p> <p>B : 30 mts – (Correct Alternative)</p> <p>C : 25 mts</p> <p>D : 50 mts</p>
71	71	<p>Hammer Cage - width of the each panel is :</p> <p>A : 2.85 mts</p> <p>B : 2.35 mts</p>

		<p>C : 2.50 mts</p> <p>D : 2.74 mts – (Correct Alternative)</p>
72	72	<p>In historical research data like official records are :</p> <p>A : Primary source – (Correct Alternative)</p> <p>B : Secondary source</p> <p>C : Tertiary source</p> <p>D : None of the given options</p>
73	73	<p>The shape of pie diagram should be :</p> <p>A : Bar shape</p> <p>B : Point shape</p> <p>C : Line shape</p> <p>D : Circular shape – (Correct Alternative)</p>
74	74	<p>In research tabulation range is derived from :</p> <p>A : Lowest score minus Highest score</p> <p>B : Average score minus Lowest score</p> <p>C : Highest score minus Lowest score – (Correct Alternative)</p> <p>D : Average score minus Highest score</p>
75	75	<p>The questionnaire used to measure personality traits of an individual is :</p> <p>A : Cattell's 16 personality questionnaire – (Correct Alternative)</p> <p>B : Smith questionnaire</p> <p>C : SCAT questionnaire</p> <p>D : Thursthun questionnaire</p>
76	76	<p>In classification of states, cities and regions are classified as :</p> <p>A : Qualitative classification</p>

		<p>B : Quantitative classification</p> <p>C : Chronological classification</p> <p>D : Geographical classification – (Correct Alternative)</p>
77	77	<p>Which is the following comes under Preliminary Materials in Research Report ?</p> <p>A : Introduction</p> <p>B : Results</p> <p>C : References</p> <p>D : Acknowledgment – (Correct Alternative)</p>
78	78	<p>Which is the following comes under main body of the Thesis ?</p> <p>A : References – (Correct Alternative)</p> <p>B : Appendices</p> <p>C : Abstract</p>
		<p>D : Title page</p>
79	79	<p>Preliminary Materials includes _____.</p> <p>A : Title page, Acknowledge and Abstract – (Correct Alternative)</p> <p>B : Title page, Abstract and Introduction</p> <p>C : Introduction, Methods and Results</p> <p>D : Title page, Abstract, Introduction and Methods</p>
80	80	<p>Hypothesis means _____.</p> <p>A : Reality</p> <p>B : Recommendations</p> <p>C : Objectives</p> <p>D : Tentative suggestion based on scientific facts – (Correct Alternative)</p>
81	81	<p>It is the specific tool or technique used to measure the performance and skills in sports Field is _____.</p>

		<p>A : Test – (Correct Alternative)</p> <p>B : Sample</p> <p>C : Interview</p> <p>D : Survey</p>
82	82	<p>Which scale is based on the Judgment of particular situation ?</p> <p>A : Ratio scale</p> <p>B : Interval scale</p> <p>C : Likert scale</p> <p>D : Rating scale – (Correct Alternative)</p>
83	83	<p>How will you calculate the Mean from the following formula ?</p> <p>A : <math>M = \sum X^2 / N</math></p> <p>B : <math>M = \sum X - N</math></p> <p>C : <math>M = \sum X / N</math> – (Correct Alternative)</p> <p>D : <math>M = \sum X + N</math></p>
84	84	<p>The point on the continuum of scores above which and below which fall the 50% of the measures will be called as :</p> <p>A : Mean</p> <p>B : Median – (Correct Alternative)</p> <p>C : Mode</p> <p>D : Standard deviation</p>
85	85	<p>Formula for computation of Standard deviation from ungrouped data :</p> <p>A : <math>S = \sqrt{\frac{1}{(n-1)} \sum (X_i - \bar{X})^2}</math> – (Correct Alternative)</p> <p>B : <math>S = \sqrt{\frac{1}{n+1} \sum (X_i + \bar{X})^2}</math></p> <p>C : <math>S = \frac{1}{n-1} \sum (X_i - \bar{X})^2</math></p>

		$D : s = \frac{1}{n+1} \sum (x_1 + x)^2$
86	86	<p>Find out the independent variable in the study of effect of plyometric training on dribbling performance in Basketball.</p> <p>A : Dribbling performance</p> <p>B : Plyometric training – (Correct Alternative)</p> <p>C : Basketball</p> <p>D : Plyometric and Dribbling</p>
87	87	<p>Which of the following is more appropriate statistical technique for comparing means of more than two population ?</p> <p>A : Standard deviation</p> <p>B : Quartile deviation</p> <p>C : 't' test</p> <p>D : One-way analysis of variance – (Correct Alternative)</p>
88	88	<p>If the 'f' ratio is significant which of the following test will be used for pairwise comparison ?</p> <p>A : Small sample test</p> <p>B : Large sample test</p> <p>C : Multiple sample test</p> <p>D : Scheffe's test – (Correct Alternative)</p>
89	89	<p>Which one of the following statistical technique will be suitable to verify whether any association exists between two attributes ?</p> <p>A : Scheffe's test</p> <p>B : Chi square – (Correct Alternative)</p> <p>C : 't' test</p> <p>D : LSD test</p>
90	90	<p>For predicting the most likely value of an variable from the known values of others is called as :</p> <p>A : 't' test</p>

		<p>B : Correlation coefficient</p> <p>C : Regression equation – (Correct Alternative)</p> <p>D : Chi square</p>
91	91	<p>In statistics an error in rejecting a null hypothesis when actually it is true :</p> <p>A : Level of confidence</p> <p>B : Level of significance</p> <p>C : Type II error</p> <p>D : Type I error – (Correct Alternative)</p>
92	92	<p>In statistics an error in accepting a null hypothesis when actually it is false :</p> <p>A : Level of confidence</p> <p>B : Type I error</p> <p>C : Type II error – (Correct Alternative)</p>
		<p>D : Level of significance</p>
93	93	<p>The basis of physical education is :</p> <p>A : Learning – (Correct Alternative)</p> <p>B : Understand</p> <p>C : Behaviour</p> <p>D : Observation</p>
94	94	<p>Sports training is :</p> <p>A : To develop knowledge and Personality</p> <p>B : To develop Talent</p> <p>C : To develop and Preparation of highest sports performance – (Correct Alternative)</p> <p>D : To develop technical and tactical aspects</p>
95	95	<p>General aims of Physical Education is :</p>

		<p>A : Personality development</p> <p>B : Useful living</p> <p>C : Good body posture</p> <p>D : All round development of an Individual – (Correct Alternative)</p>
96	96	<p>How many types of periodisation ?</p> <p>A : Single</p> <p>B : Single and multiple – (Correct Alternative)</p> <p>C : Triple</p> <p>D : Double</p>
97	97	<p>Drug misuse today has increased by Athletes because of :</p> <p>A : Seeking out ways to improve performance – (Correct Alternative)</p> <p>B : Seeking out ways to get families</p>
		<p>C : Seeking out ways to get world records</p> <p>D : Seeking out ways to get Addict that</p>
98	98	<p>International Olympic committee prohibited the Drugs under IA stimulants are :</p> <p>A : Anticholinergic Drugs</p> <p>B : Nicotins</p> <p>C : Alcohol and marijuana</p> <p>D : Amphetamines and cocaine – (Correct Alternative)</p>
99	99	<p>Soft tissue injuries are :</p> <p>A : Palpation, Amputations</p> <p>B : Contusion and abrasions – (Correct Alternative)</p> <p>C : Amputation and Clamping injuries</p> <p>D : Fracture and dermis</p>

100	100	<p>When Anabolic steroid injected which one is reduce and increase in our body ?</p> <p>A : Immunoglobulin</p> <p>B : Blood and oxygen level</p> <p>C : Glucose and Insulin – (Correct Alternative)</p> <p>D : Hemoglobin and pulse</p>
101	101	<p>Ligaments are connected with the following one :</p> <p>A : Bone to Bone – (Correct Alternative)</p> <p>B : Nerve</p> <p>C : Skin</p> <p>D : Central nerve</p>
102	102	<p>The premenant change in behaviour as a result of experience and practice is called as :</p> <p>A : Motivation</p>
		<p>B : Training</p> <p>C : Learning – (Correct Alternative)</p> <p>D : Conditioning</p>
103	103	<p>Who is the father of Psychology ?</p> <p>A : Thorndike</p> <p>B : Koheler</p> <p>C : Henry Murray</p> <p>D : Sigmund Freud – (Correct Alternative)</p>
104	104	<p>Co-ordination and execution of complex movement is involved by :</p> <p>A : Spinal cord</p> <p>B : Medulla</p> <p>C : Right brain – (Correct Alternative)</p>

		D : Left brain
105	105	<p>Agility development is closely related to _____.</p> <p>A : Aerobic training</p> <p>B : Weight training</p> <p>C : Speed training – (Correct Alternative)</p> <p>D : Interval training</p>
106	106	<p>Plyometric training improve in which of the following motor Compact ?</p> <p>A : Speed</p> <p>B : Co-ordination</p> <p>C : Explosive power – (Correct Alternative)</p> <p>D : Agility</p>
107	107	Bounding is a drill for developing :

		<p>A : Speed – (Correct Alternative)</p> <p>B : Endurance</p> <p>C : Co-ordination</p> <p>D : Agility</p>
108	108	<p>Emotions are categorized into _____.</p> <p>A : Three</p> <p>B : Two – (Correct Alternative)</p> <p>C : Four</p> <p>D : Five</p>
109	109	<p>The another name of yogic breathing exercises is _____.</p> <p>A : Meditation</p> <p>B : Raj Yoga</p>

		<p>C : Karma Yoga</p> <p>D : Pranayama – (Correct Alternative)</p>
110	110	<p>Which asana stimulates thyroid gland ?</p> <p>A : Sarvanga Asana – (Correct Alternative)</p> <p>B : Chakrasana</p> <p>C : Padmasana</p> <p>D : Virukshasana</p>
111	111	<p>The chairman of Secondary Education Commission (1952 - 53) was _____.</p> <p>A : Dr. S. Radhakrishnan</p> <p>B : Dr. Zakir Hussain</p> <p>C : Dr. A. Lakshmanaswamy Mudaliar – (Correct Alternative)</p> <p>D : Dr. D.S. Kottari</p>
112	112	<p>National Adult Education Programme (NAEP) was launched by the Government of India on _____.</p> <p>A : 5 April, 1977</p> <p>B : 5 September, 1977</p> <p>C : 22 February, 1978</p> <p>D : 2 October, 1978 – (Correct Alternative)</p>
113	113	<p>Who insisted upon reforming education to suit the educational pattern that existed in ancient times ?</p> <p>A : Rabindranath Tagore</p> <p>B : Swami Dayanand – (Correct Alternative)</p> <p>C : Mahatma Gandhi</p> <p>D : Swami Vivekananda</p>
114	114	<p>The term usually used to refer to people with superior intellectual or cognitive performance is :</p> <p>A : Gifted – (Correct Alternative)</p>

		<p>B : Talented</p> <p>C : Smart</p> <p>D : Standard</p>
115	115	<p>Double promotion is a _____ program for gifted students.</p> <p>A : Enrichment</p> <p>B : Acceleration – (Correct Alternative)</p> <p>C : Ability grouping</p> <p>D : Segregation</p>
116	116	<p>Minimum Levels of Learning will help to maintain _____ throughout the country.</p> <p>A : Common Scheme of Education</p> <p>B : Reasonable standard of Education – (Correct Alternative)</p> <p>C : Flexibility of Education</p>
		<p>D : Children Centred Education</p>
117	117	<p>Which one of the following listed factors that influence learning are not related to the content ?</p> <p>A : Nature of the content</p> <p>B : Methodology adopted for teaching - learning - experiences – (Correct Alternative)</p> <p>C : Selection of the content</p> <p>D : Organisation of learning experiences</p>
118	118	<p>According to Smith, the learning process involves a motive or drive, an attractive goal and a _____ to the attainment of the goal.</p> <p>A : Strategy</p> <p>B : Block – (Correct Alternative)</p> <p>C : Interaction</p> <p>D : Need</p>

119	119	<p>_____ years the child's brain gains 80 percent of its final weight.</p> <p>A : Four – (Correct Alternative)</p> <p>B : Eight</p> <p>C : Two</p> <p>D : Six</p>
120	120	<p>Child's instincts, attitudes, appreciations, skills and abilities are primarily the product of :</p> <p>A : Thinking</p> <p>B : Teaching</p> <p>C : Learning – (Correct Alternative)</p> <p>D : Interest</p>
121	121	<p>In Learning curve, the period of little or no gain in learning is known as _____.</p> <p>A : Initial lag</p> <p>B : Plateau – (Correct Alternative)</p> <p>C : Cessation of learning</p> <p>D : Decreasing gains</p>
122	122	<p>Level of performance to which one aspires for future is called as _____.</p> <p>A : Principle of pleasure</p> <p>B : Use of reward</p> <p>C : Use of competition</p> <p>D : Aspiration level – (Correct Alternative)</p>
123	123	<p>Who maintains the school as a "Miniature Society " ?</p> <p>A : John Dewey – (Correct Alternative)</p> <p>B : Thurstone</p> <p>C : Dimock</p>

		D : Thompson
124	124	<p>According to John Dewey _____ is the only source of true knowledge.</p> <p>A : Learning</p> <p>B : Cognition</p> <p>C : Experience – (Correct Alternative)</p> <p>D : Memorizing</p>
125	125	<p>_____ reinforce the concept of 'life-long education' by providing for part-time study, in different disciplines.</p> <p>A : Pace setting schools</p> <p>B : Mobile schools – (Correct Alternative)</p> <p>C : Community schools</p> <p>D : Navodaya schools</p>
126	126	<p>Sarva Shiksha Abhiyan has been operational since _____.</p>

		<p>A : 1993 - 1994</p> <p>B : 2001 -2002</p> <p>C : 1999 - 2000</p> <p>D : 2000 - 2001 – (Correct Alternative)</p>
127	127	<p>" In nature there is enough for everyone's need, but too little for everyones greed " - said by _____.</p> <p>A : Rabindranath Tagore</p> <p>B : Mahatma Gandhi – (Correct Alternative)</p> <p>C : Sri. Aurabindo Ghosh</p> <p>D : J Krishnamoorthy</p>
128	128	<p>Planning, Organization, Motivation, Control and Evaluation are the components of _____.</p> <p>A : Cultural process</p> <p>B : Financial process</p>

		<p>C : School management – (Correct Alternative)</p> <p>D : Political administration</p>
129	129	<p>Navodaya, Sainik and National open schools are come under the management of _____.</p> <p>A : State government</p> <p>B : Central government – (Correct Alternative)</p> <p>C : Local body</p> <p>D : Private sector</p>
130	130	<p>Which programme helps poverty children to attend school ?</p> <p>A : Free school meals programme – (Correct Alternative)</p> <p>B : Free uniform programme</p> <p>C : Free textbooks programme</p> <p>D : Free school bags programme</p>
131	131	<p>According to American educators the I.Q level of the trainable retardation is _____.</p> <p>A : 50 - 60</p> <p>B : 60 - 75</p> <p>C : 20 - 30</p> <p>D : 25 - 50 – (Correct Alternative)</p>
132	132	<p>Which of the following is called 'Electronic blackboard of the Future' ?</p> <p>A : Computer</p> <p>B : Radio</p> <p>C : Educational Television – (Correct Alternative)</p> <p>D : Mobile Phone</p>
133	133	<p>Petrol, Kerosene oil, electricity, wind, water and sun all together forms a _____ concept.</p> <p>A : Relationship</p>

		<p>B : Conjunctive</p> <p>C : Disjunctive – (Correct Alternative)</p> <p>D : Complex</p>
134	134	<p>_____theory is described as a constructivist approach to cognitive development.</p> <p>A : Bruner's</p> <p>B : Erickson's</p> <p>C : Piaget's – (Correct Alternative)</p> <p>D : Vygotsky's</p>
135	135	<p>During_____period, cognitive behavior of the child is controlled by perception.</p> <p>A : 2 - 4 years</p> <p>B : 0 - 2 years</p> <p>C : 7 - 11 years</p> <p>D : 4 - 7 years – (Correct Alternative)</p>
136	136	<p>The quality of the teacher in terms of his mastery over the subject matter, teaching skills, etc. is a _____ factor in learning.</p> <p>A : Environmental</p> <p>B : Resource – (Correct Alternative)</p> <p>C : Experiences</p> <p>D : Personal</p>
137	137	<p>"Counselling is a face to face relationship in which growth takes place in the counsellor as well as counselle" Defined by :</p> <p>A : F.C .Throne</p> <p>B : E.G. Williamson</p> <p>C : Ruth Strang – (Correct Alternative)</p> <p>D : Good C.V.</p>
138	138	

		_____ is not the imposition of one person's point of view upon another person.
		A : Advice
		B : Order
		C : Guidance – (Correct Alternative)
		D : Counselling
139	139	At formal operational stage, the child develops the ability to think about _____ .
		A : Abstract concepts – (Correct Alternative)
		B : Concrete events
		C : Symbols , words and pictures
		D : logical and organized but still very concrete
140	140	Expansion of CLASS for _____.
		A : Computer Learning and Studies in School
		B : Computer Literacy and Studies in School – (Correct Alternative)
		C : Computer Literacy and Studies in Subject
		D : Computer Learning and Studies in Subject
141	141	_____ succeeded in establishing Maratha rule in the Tamil region.
		A : General Venkoji – (Correct Alternative)
		B : Serfoji II
		C : Shivaji
		D : Shahji Bhonsle
142	142	Pick out the odd man.
		A : Lords
		B : Oval
		C : Leeds

		D : Green Park – (Correct Alternative)
143	143	Which one of the viral disease is completely eradicated from our society by vaccination ?  A : Chikungunya  B : AIDS  C : Mumps  D : Polio – (Correct Alternative)
144	144	A contemporary of Louis XIV of France is _____.  A : Babur  B : Shah Jahan – (Correct Alternative)  C : Aurangzeb  D : Sher Shah
145	145	The process of loss of water from the aerial part of a plant in vapour form is called as _____.  A : Evaporation  B : Condensation  C : Transpiration – (Correct Alternative)  D : Precipitation

		A : Evaporation  B : Condensation  C : Transpiration – (Correct Alternative)  D : Precipitation
146	146	Which crop is cultivated in Coimbatore plateau and Vaigai-vaippar river basins ?  A : Cotton – (Correct Alternative)  B : Sugarcane  C : Oil Seeds  D : Pulses
147	147	Which one of the highest peak in the Southern part of the Eastern Ghats is located in this range ?  A : Solaikaradu – (Correct Alternative)  B : Pachaimalai

		<p>C : Kanjamalai</p> <p>D : Gingee hills</p>
148	148	<p>Which Dam is known as 'Karaiyar Dam' ?</p> <p>A : Bhavani Sagar Dam</p> <p>B : Amaravathi Dam</p> <p>C : Krishnagiri Dam</p> <p>D : Papanasam Dam – (Correct Alternative)</p>
149	149	<p>The area of continental shelves of Tamil Nadu is :</p> <p>A : 41, 412 sq. km – (Correct Alternative)</p> <p>B : 51512 sq. km</p> <p>C : 31,412 sq. km</p> <p>D : 21,512 sq. km</p>
150	150	<p>Which of the following peak is not located in Western Ghats ?</p> <p>A : Doddabetta</p> <p>B : Vembadisolai</p> <p>C : Muganur – (Correct Alternative)</p> <p>D : Pagasura</p>