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**Previous Year Paper
(Physical Education)
06 Aug, 2023 Shift 2**



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Notations :

- 1.Options shown in green color and with ✓ icon are correct.
- 2.Options shown in red color and with ✗ icon are incorrect.

Question Paper Name :	Physical Education 6th Aug 2023 Shift 2
Subject Name :	Physical Education
Creation Date :	2023-08-06 15:25:03
Duration :	120
Total Marks :	100
Display Marks:	Yes
Calculator :	None
Magnifying Glass Required? :	No
Ruler Required? :	No
Eraser Required? :	No
Scratch Pad Required? :	No
Rough Sketch/Notepad Required? :	No
Protractor Required? :	No
Show Watermark on Console? :	Yes
Highlighter :	No
Auto Save on Console?	Yes
Change Font Color :	No
Change Background Color :	No
Change Theme :	No
Help Button :	No

Show Reports : No

Show Progress Bar : No

Physical Education

Group Number : 1

Group Id : 59425349

Group Maximum Duration : 0

Group Minimum Duration : 120

Show Attended Group? : No

Edit Attended Group? : No

Break time : 0

Group Marks : 100

Is this Group for Examiner? : No

Examiner permission : Cant View

Show Progress Bar? : No

Physical Education

Section Id : 59425357

Section Number : 1

Section type : Online

Mandatory or Optional : Mandatory

Number of Questions : 100

Number of Questions to be attempted : 100

Section Marks : 100

Enable Mark as Answered Mark for Review and Clear Response : Yes

Maximum Instruction Time : 0

Sub-Section Number : 1

Sub-Section Id : 59425367

Question Shuffling Allowed : Yes

Is Section Default? : null

Question Number : 1 Question Id : 5942534811 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Student's needs and interests are important in

Options :

1. ✘ Sociological Foundation
2. ✔ Psychological Foundation
3. ✘ Economical Foundation
4. ✘ Historical Foundation

Question Number : 2 Question Id : 5942534812 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Which of the following cell types is responsible for skeletal muscle regeneration?

Options :

1. ✘ Myoepithelial cell
2. ✘ Myofilinl

3. ✓ Satellite cell

4. ✗ Myofibroblast

Question Number : 3 Question Id : 5942534813 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

In Tennis, area of court between singles and doubles side lines is known as

Options :

1. ✗ Alternate

2. ✓ Alley

3. ✗ Default

4. ✗ Devis

Question Number : 4 Question Id : 5942534814 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

What is the official signal for revoking the previous signal in cricket?

Options :

1. ✗

By placing one hand on the opposite shoulder.

2. ✗ By raising an open hand above the head.

3. ✓ By touching both shoulders, each with the opposite hand.

4. ✗ By holding the ball above the head.

Question Number : 5 Question Id : 5942534815 Question Type : MCQ Option Shuffling : Yes Is

Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum

Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Diagonal system of officiating is related to which game?

Options :

1. ✗ Cricket

2. ✗ Badminton

3. ✓ Football

4. ✗ Kho-Kho

Question Number : 6 Question Id : 5942534816 Question Type : MCQ Option Shuffling : Yes Is

Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum

Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Choose the correct sequence of where the Asian Games were held in ascending order?

- A) Philippines
- B) Indonesia
- C) India
- D) Tokyo

Options :

1. ✗ A, B, C, D
2. ✗ B, C, D, A
3. ✓ C, A, D, B
4. ✗ C, D, B, A

Question Number : 7 Question Id : 5942534817 Question Type : MCQ Option Shuffling : Yes Is

Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum

Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Choose the correct pairs from the following relating to sports training.

- A) Cyclic skills: show up in sports such as shot put
- B) Acyclic skills: show up in sports such as fencing
- C) Acyclic combined skills: show up in sports such as figure skating
- D) Plateau: super compensation occurs

Options :

1. ✗ A and B only
2. ✗ B and D only

3. ✖ A, B and C only

4. ✔ B and C only

Question Number : 8 Question Id : 5942534818 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Choose the correct pair(s) from the following relating to history of Physical Education

- A) First Asian games: Held at Indonesia
- B) First Common Wealth games: Started in the year 1930
- C) First Modern Olympic games: Held at USA
- D) First National in India games: 1904, Chennai

Options :

1. ✖ A and B only

2. ✖ B and C only

3. ✖ C and D only

4. ✔ B only

Question Number : 9 Question Id : 5942534819 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Choose the correct pairs from the following related to test, measurement and evaluation in Physical Education.

- A) Validity: Established by Tournament Standings
- B) Reliability: Parallel form
- C) Objectivity: Degree of Uniformity
- D) Feasibility: Economy and easy to administer.

Options :

- 1. ✗ A and B only
- 2. ✗ A, B and C only
- 3. ✓ A, B, C and D
- 4. ✗ A and D only

Question Number : 10 Question Id : 5942534820 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Arrange the Maslow's Hierarchy of Needs from top to bottom.

- A) Belongingness needs
- B) Esteem needs
- C) Psychological needs
- D) Safety needs
- E) Self-actualisation needs

Note: For this question, discrepancy is found in question/answer. Full Marks is being awarded to all candidates.

Options :

1. A, C, D, B, E
2. B, E, A, D, C
3. E, B, A, D, C
4. C, B, D, E, A

Question Number : 11 Question Id : 5942534821 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Match the following

- | | |
|---|-----------------------|
| A) Assembling the athletes behind the start line | i) 6m |
| B) Distance between the cone in a curve when the kerb removed temporarily | ii) 3m |
| C) Width of the month for the discus cage | iii) Not exceeding 4m |
| D) Radius of the Javelin Throw | iv) 8 m |

Choose the correct answer

Options :

1. ✖ A - i; B - iv; C - ii; D - iii
2. ✖ A - ii; B - iii; C - iv; D - i
3. ✖ A - i; B - ii; C - iii; D - iv

4. ✓ A - ii; B - iii; C - i; D - iv

Question Number : 12 Question Id : 5942534822 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Match the following

- | | |
|--------------------------|--|
| A) Motivation | i) Neither Intrinsically nor extrinsically motivated |
| B) Intrinsic motivation | ii) Direction and intensity of behaviour |
| C) Amotivation | iii) Performed as a means to an end |
| D) Identified regulation | iv) Directed by inherent satisfaction |

Choose the correct answer

Options :

1. ✗ A - i; B - ii; C - iv; D - iii

2. ✗ A - iii; B - ii; C - i; D - iv

3. ✓ A - ii; B - iv; C - i; D - iii

4. ✗ A - i; B - ii; C - iii; D - iv

Question Number : 13 Question Id : 5942534823 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Secondary data research may include the following

- A) Archived research data
- B) Newspaper
- C) A part of data taken from census
- D) Pictorial records
- E) Official documents

Choose the correct answer

Options :

1. ✗ A, C and D only
2. ✓ A, B and C only
3. ✗ B, C and D only
4. ✗ C, D and E only

Question Number : 14 Question Id : 5942534824 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

The playing field of fencing is called

Options :

1. ✗ Ground
2. ✗ Mat
3. ✓ Piste

4. ✖ Stage

Question Number : 15 Question Id : 5942534825 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

The minimum energy expenditure necessary for body maintenance at rest with no physical activity is

Options :

1. ✖ Metabolic Rate

2. ✔ Basal Metabolic Rate

3. ✖ Good Nutrition

4. ✖ Anaerobic Metabolism

Question Number : 16 Question Id : 5942534826 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

'Green stick' injury is a

Options :

1. ✔ Fracture

2. ✖ Dislocation

3. ✖ Abrasion

4. ✖ Cramp

Question Number : 17 Question Id : 5942534827 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Who gave the theory of classical conditioning?

Options :

1. ✖ Howard Gardner

2. ✖ William Wundt

3. ✖ William James

4. ✔ Ivan Pavlov

Question Number : 18 Question Id : 5942534828 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

In McDonald soccer test, how many attempts are given to subject?

Options :

1. ✖ Two 30 seconds

2. ✓ Three 30 seconds

3. ✗ Four 30 seconds

4. ✗ Five 30 seconds

Question Number : 19 Question Id : 5942534829 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Who has shown that same day test, retest coefficients consistently over – estimate the reliability of the test?

Options :

1. ✗ Sartorius

2. ✗ Kirkendall

3. ✓ Baungartner

4. ✗ Donald

Question Number : 20 Question Id : 5942534830 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

What is the height of the bench in Harvard step test for men?

Options :

1. ✗ Sixteen inches
2. ✗ Nineteen inches
3. ✓ Twenty inches
4. ✗ Twenty Five inches

Question Number : 21 Question Id : 5942534831 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

The formula for calculating standard deviation of an ungrouped data is

Options :

1. ✓ $\sqrt{\frac{\sum(x-\bar{x})^2}{N}}$
2. ✗ $\frac{\sqrt{\sum x}}{N}$
3. ✗ $\frac{\sqrt{N\sum x^2 - (\sum x)^2}}{N(N^2-1)}$
4. ✗ $\frac{\sqrt{N\sum x^2}}{\sum x} - \frac{(\sum x)^2}{N}$

Question Number : 22 Question Id : 5942534832 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

The type of tournament in which all competitors get eliminated except the winner is

Options :

1. ✗ Round – Robin Tournament
2. ✗ Challenge Tournament
3. ✗ Lombard Tournament
4. ✓ Knock-out Tournament

Question Number : 23 Question Id : 5942534833 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Who was the first Indian woman to win an Olympic medal?

Options :

1. ✗ P.T. Usha
2. ✓ Karnam Malleswari
3. ✗ Saina Nehwal

4. ✖ Mary Kom

Question Number : 24 Question Id : 5942534834 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

What are the signs of internal bleeding?

- A) Coughing with foamy red blood
- B) Brown Urine
- C) Vomiting with brown coffee – ground material
- D) Headache and Muscle cramp

Choose the correct answer

Options :

1. ✔ A, B and C only

2. ✖ A, B and D only

3. ✖ B, C and D only

4. ✖ A and D only

Question Number : 25 Question Id : 5942534835 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

What are the mental training tools that can be used to developmental skills of players?

- A) Imagery
- B) Energy management
- C) Goal setting
- D) Self-realization

Choose the correct answer

Options :

1. ✓ A and C only

2. ✗ A and B only

3. ✗ A and D only

4. ✗ B and C only

Question Number : 26 Question Id : 5942534836 Question Type : MCQ Option Shuffling : Yes Is

Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum

Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

The forces that commonly act on the human body are

- A) Body weight
- B) Friction
- C) Heat
- D) Air
- E) Energy

Choose the correct answer

Options :

1. ✗ B, D and E only

2. ✖ A, C and E only

3. ✖ A, C and D only

4. ✔ A, B and D only

Question Number : 27 Question Id : 5942534837 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Location of research problem involves

- A) Systematically recorded unsolved problems
- B) Financial feasibility
- C) Literature Review in the subject area
- D) Time feasibility
- E) Consult with faculty members

Choose the correct answer

Options :

1. ✖ A, B and C only

2. ✔ A, B, C, D and E

3. ✖ A, C and D only

4. ✖ A, C and E only

Question Number : 28 Question Id : 5942534838 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Match the following

- | | |
|-----------------|-----------------|
| A) Halasana | i) Boat Pose |
| B) Virasana | ii) Locust Pose |
| C) Navasana | iii) Hero Pose |
| D) Shalabhasana | iv) Plough Pose |

Choose the correct answer

Options :

1. ✓ A - iv; B - iii; C - i; D - ii

2. ✗ A - iv; B - ii; C - iii; D - i

3. ✗ A - ii; B - i; C - iv; D - iii

4. ✗ A - i; B - iv; C - ii; D - iii

Question Number : 29 Question Id : 5942534839 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Match the following

- | | |
|------------------------|----------------------------------|
| A) Law of reaction | i) Newton's 3 rd Law |
| B) Law of gravitation | ii) Newton's 1 st Law |
| C) Law of Inertia | iii) Falling apple |
| D) Law of acceleration | iv) Newton's 2 nd Law |

Choose the correct answer

Options :

1. ✖ A - ii; B - i; C - iv; D - iii

2. ✖ A - ii; B - iii; C - i; D - iv

3. ✔ A - i; B - iii; C - ii; D - iv

4. ✖ A - iv; B - i; C - iii; D - ii

Question Number : 30 Question Id : 5942534840 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Match the following

- | | |
|------------------------------|--|
| A) Random – Groups Design | i) Examination of two or more categorical variables simultaneously |
| B) Repeated – measure Design | ii) Subjects are selected by random means |
| C) Related – Groups Design | iii) Subjects are exposed to all the treatments |
| D) Factorial Design | iv) Subjects are divided on some initial trials |

Choose the correct answer

Options :

1. ✖ A - iii; B - iv; C - i; D - ii

2. ✖ A - iv; B - i; C - ii; D - iii

3. ✖ A - i; B - ii; C - iii; D - iv

4. ✔ A - ii; B - iii; C - iv; D - i

Question Number : 31 Question Id : 5942534841 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Match the following

- | | |
|-------------------|---------------|
| A) Mary Kom | i) Shooting |
| B) Abhinav Bindra | ii) Tennis |
| C) Sushil Kumar | iii) Boxing |
| D) Leander Paes | iv) Wrestling |

Choose the correct answer

Options :

1. ✖ A - i; B - iii; C - iv; D - ii

2. ✔ A - iii; B - i; C - iv; D - ii

3. ✖ A - iv; B - ii; C - i; D - iii

4. ✖ A - iii; B - iv; C - i; D - ii

Question Number : 32 Question Id : 5942534842 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

The research that is supported by scientific process and evidence is known as

Options :

1. ✖

Inductive study

2. ✓ Empirical study

3. ✗ Deductive study

4. ✗ Case study

Question Number : 33 Question Id : 5942534843 Question Type : MCQ Option Shuffling : Yes Is

Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum

Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Employees are empowered to make decisions and have space to showcase their creativity and can work independent of their managers in

Options :

1. ✗ Democratic management

2. ✗ Chaotic management

3. ✗ Participative management

4. ✓ Laissez – faire management

Question Number : 34 Question Id : 5942534844 Question Type : MCQ Option Shuffling : Yes Is

Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum

Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Anabolic steroids have all these effects except:

Options :

1. ✗ Builds muscle proteins
2. ✗ Increases muscle strength
3. ✓ Increases number of muscles in the body
4. ✗ Increase muscle mass

Question Number : 35 Question Id : 5942534845 Question Type : MCQ Option Shuffling : Yes Is

Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum

Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Adaptation to training load at high altitude is called as

Options :

1. ✗ Thermoregulation
2. ✗ Super compensation
3. ✗ Muscular orientation
4. ✓ Acclimatization

Question Number : 36 Question Id : 5942534846 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Which of the following should form the content of curriculum in Physical Education?

- A) Rhythmics
- B) Apparatus activities
- C) Combatives
- D) Gymnastics

Choose the correct answer

Options :

1. ✗ A, B and D only
2. ✗ A, B and C only
3. ✗ B, C and D only
4. ✓ A, B, C and D

Question Number : 37 Question Id : 5942534847 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Match the following

- | | |
|-------------------|------------------|
| A) LET | i) Football |
| B) Foul Territory | ii) Softball |
| C) Ping Pong | iii) Badminton |
| D) Durand cup | iv) Table Tennis |

Choose the correct answer

Options :

1. ✓ A - iii; B - ii; C - iv; D - i

2. ✗ A - iv; B - i; C - ii; D - iii

3. ✗ A - ii; B - iii; C - iv; D - i

4. ✗ A - iii; B - i; C - iv; D - ii

Question Number : 38 Question Id : 5942534848 Question Type : MCQ Option Shuffling : Yes Is

Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum

Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

MAKA trophy is awarded to

Options :

1. ✗ Overall champion in school tournaments

2. ✓ University that becomes the top sports performer in an academic year

3. ✗ University that has excellence in academics in an academic year

4. ✖ State sports association trophy

Question Number : 39 Question Id : 5942534849 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Which of these are the approaches to personality?

- A) Thread approach
- B) Type approach
- C) Trait approach
- D) Interactional approach

Choose the correct answer

Options :

1. ✔ B, C and D only

2. ✖ B and D only

3. ✖ D and A only

4. ✖ A, B, C and D

Question Number : 40 Question Id : 5942534850 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Analysis of sample data and drawing conclusions is called

Options :

1. ✓ Statistical inference

2. ✗ Recommendations

3. ✗ Data Analysis

4. ✗ Hypothesis

Question Number : 41 Question Id : 5942534851 Question Type : MCQ Option Shuffling : Yes Is

Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum

Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Choose the correct pairs from the following related to physiology of sports

- A) Cardiac output: Heart rate x stroke volume
- B) Sarcoplasmic Reticulum: Release of ATP
- C) Skeletal Muscle: Voluntary muscle
- D) Sliding Filament Theory : Contraction of muscles

Options :

1. ✗ A and B only

2. ✗ A and C only

3. ✓ A, C and D only

4. ✗ A, B and C only

Question Number : 42 Question Id : 5942534852 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Choose the correct pairs from the following related to managerial skills

- A) Planning: Creating a plan to meet goals and objectives
- B) Organizing: Allocating tasks to Team or employees
- C) Leading: Taking all credits as a head of the team
- D) Controlling: Monitoring teams (or) employee's performance

Options :

1. ✗ A and C only
2. ✗ B and C only
3. ✓ A, B and D only
4. ✗ A, B and C only

Question Number : 43 Question Id : 5942534853 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Choose the correct pairs from the following related to sports psychology.

- A) Trait Aggression: Natural aggression
- B) Socialized aggression: Player pulling the shirt of opponent
- C) Strategic aggression: Tactics to overcome the opponent
- D) Situational aggression: Comes through socialization

Options :

1. ✓ A and C only

2. ✗ A and D only

3. ✗ B and C only

4. ✗ B and D only

Question Number : 44 Question Id : 5942534854 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Width of the 'zero line' in Pole Vault is

Options :

1. ✓ 1 cm

2. ✗ 2 cm

3. ✗ 5 cm

4. ✗ 7 cm

Question Number : 45 Question Id : 5942534855 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

NADA stands for

Options :

1. ✗ National Armature Doping Association
2. ✓ National Anti Doping Agency
3. ✗ National Athletes Doping Association
4. ✗ National Anti Doping Association

Question Number : 46 Question Id : 5942534856 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

As a productive functional process, sport management does not include

Options :

1. ✗ Controlling
2. ✓ Coaching
3. ✗ Directing
4. ✗ Organizing

Question Number : 47 Question Id : 5942534857 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

A research paper is a brief report of research work based on

- A) Primary data
- B) Secondary data
- C) Tertiary data
- D) Numerical data

Choose the correct answer

Options :

1. ✖ A, B and D only
2. ✔ A, B and C only
3. ✖ B, C and D only
4. ✖ A, C and D only

Question Number : 48 Question Id : 5942534858 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Which one of the following is the most important quality of a good coach?

Options :

1. ✖ Preparing a player for any competition

2. ✖ Coach is only required to teach the skill
3. ✔ Knowing how to use players properly
4. ✖ Correcting the mistakes of players

Question Number : 49 Question Id : 5942534859 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Where was the Fartlek training method developed?

Options :

1. ✖ Germany
2. ✖ Namibia
3. ✔ Scandinavia
4. ✖ Costa Rica

Question Number : 50 Question Id : 5942534860 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

What is medium – term endurance?

Options :

1. ✓ The endurance required for efforts of 2 minutes to 8 minutes duration
2. ✗ The endurance required for efforts of 45 seconds to 2 minutes duration
3. ✗ The endurance required for efforts of 45 seconds to 1 minute duration
4. ✗ The endurance required for efforts in excess of 8 minutes endurance

Question Number : 51 Question Id : 5942534861 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

What is the full form of ISSP?

Options :

1. ✗ International Society of Sports Profession
2. ✓ International Society of Sports Psychology
3. ✗ International Society of Sports Psychomotor learning
4. ✗ International School of Sports Psychology

Question Number : 52 Question Id : 5942534862 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum

Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

What is the distance between the wall and restraining line in Miller Wall volley test?

Options :

1. ✖ 7 feet 6 inches
2. ✔ 10 feet
3. ✖ 15 feet 2 inches
4. ✖ 5 feet 3 inches

Question Number : 53 Question Id : 5942534863 Question Type : MCQ Option Shuffling : Yes Is

Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum

Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

In motion analysis, the motion of the center of gravity serves as an

Options :

1. ✖ Internal body motion
2. ✖ Total weight
3. ✔ Index of total body motion
4. ✖ Distribution of load

Question Number : 54 Question Id : 5942534864 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Choose the correct sequence of primary nerve tissues in the ascending order of major to minor

- A) Autonomic Nervous system
- B) Central Nervous system
- C) Peripheral Nervous system
- D) Sympathetic Nervous system

Options :

1. ✖ A, B, C, D
2. ✖ C, A, B, D
3. ✖ B, A, C, D
4. ✔ B, C, A, D

Question Number : 55 Question Id : 5942534865 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Which among the following is NOT a basic principle of curriculum planning in Physical Education?

Options :

1. ✖

Analysis of the situation

2. ✗ Aim of the programme
3. ✗ The individual to be educated
4. ✓ Role of age in Physical Education

Question Number : 56 Question Id : 5942534866 Question Type : MCQ Option Shuffling : Yes Is

Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum

Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

A recommendation from the supervisor is a

Options :

1. ✓ Suggestive Bulletin
2. ✗ Mandatory Bulletin
3. ✗ Personal Bulletin
4. ✗ Feedback Bulletin

Question Number : 57 Question Id : 5942534867 Question Type : MCQ Option Shuffling : Yes Is

Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum

Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

These are NOT important principles of coaching?

- A) Individual differences
- B) Complex to simple
- C) Setting the objective
- D) Two skill at one time

Choose the correct answer

Options :

1. ✓ A and C only

2. ✗ B and C only

3. ✗ A and D only

4. ✗ C and D only

Question Number : 58 Question Id : 5942534868 Question Type : MCQ Option Shuffling : Yes Is

Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum

Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Which is right for adaptation to the training load?

- A) Recovery period should be in proportion to the training load.
- B) Loading and recovery process is to be repeated for a period of 10 to 20 days
- C) Loading and recovery process is to be repeated for a period of 20 to 30 days
- D) Training load has to be as per the loading capacity of the sports person.

Choose the correct answer

Options :

1. ✗ A, B and C only

2. ✓ A, B and D only

3. ✗ B, C and D only

4. ✗ A, C and D only

Question Number : 59 Question Id : 5942534869 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Which of the following are NOT examples of aggression?

- A) Doing destructive violence to an inanimate object such as a door or a water cooler
- B) Unintentionally injuring another person during athletic competition.
- C) Intentionally injuring another person during a match.
- D) Aggressive behaviour in which there is no chance for the intended victim to be injured.

Choose the correct answer

Options :

1. ✓ A, B and D only

2. ✗ A, B and C only

3. ✗ B, C and D only

4. ✗ B and D only

Question Number : 60 Question Id : 5942534870 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

The factors which determine the degree of stability

- A) Stability is directly proportional to the weight of the body
- B) The longer the power arm of the lever the greater the movement
- C) A body may be put into motion by the transfer of the momentum from a part.
- D) Stability is directly proportional to the area of the base on which the body rests.

Choose the correct answer.

Options :

1. ✖ A and B only
2. ✖ B and C only
3. ✖ B and D only
4. ✔ A and D only

Question Number : 61 Question Id : 5942534871 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

What are the major periods which divided the history of Physical Education in Greece?

- A) Homeric period
- B) Spartan period
- C) Diamond period
- D) Early Athenian period
- E) Golden period

Choose the correct answer

Options :

1. ✖ A, C and E only
2. ✔ A, B, D and E only
3. ✖ B, C and E only
4. ✖ A and C only

Question Number : 62 Question Id : 5942534872 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Match the following

- | | |
|---|------------------------|
| A) Learning is modification in behaviour | i) Henry P. Smith |
| B) Learning is acquisition of New behaviour | ii) Crow and Crow |
| C) Learning is process by which behaviour is originated | iii) Gardner Murphy |
| D) Learning is acquisition of habit and knowledge | iv) Kingsley and Garry |

Choose the correct answer

Options :

1. ✖

A - i; B - ii; C - iv; D - iii

2. ✖ A - iii; B - iv; C - i; D - ii

3. ✖ A - iv; B - iii; C - ii; D - i

4. ✔ A - iii; B - i; C - iv; D - ii

Question Number : 63 Question Id : 5942534873 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Match the following

- | | |
|---------------------------------|--------------------------|
| A) Anabolic Androgenic Steroids | i) Kidney dysfunction |
| B) Erythropoietin (EPOs) | ii) Decreased heart rate |
| C) Beta Blockers | iii) Convulsions |
| D) Blood doping | iv) Infertility |

Choose the correct answer

Options :

1. ✔ A - iv; B - iii; C - ii; D - i

2. ✖ A - i; B - ii; C - iii; D - iv

3. ✖ A - iv; B - ii; C - iii; D - i

4. ✖ A - i; B - iii; C - ii; D - iv

Question Number : 64 Question Id : 5942534874 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Match the following

- | | |
|--------------------|---|
| A) Purchase budget | i) To implement sports programmes without difficulties |
| B) Capital budget | ii) To procure equipment in time needed to carry out activities |
| C) Flexible budget | iii) To cut out all unnecessary expenses and costs |
| D) Zero budgeting | iv) To be changed and recasted quickly to suit actual conditions. |

Choose the correct answer

Options :

1. ✖ A - ii; B - iv; C - i; D - iii

2. ✔ A - ii; B - i; C - iv; D - iii

3. ✖ A - i; B - ii; C - iii; D - iv

4. ✖ A - ii; B - iii; C - iv; D - i

Question Number : 65 Question Id : 5942534875 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

The National sports festival for women was started in

Options :

1. ✗ 1940
2. ✓ 1975
3. ✗ 1970
4. ✗ 1980

Question Number : 66 Question Id : 5942534876 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

The system of using electronic devices for field events is

Options :

1. ✗ Electronic system
2. ✗ Photo Finish system
3. ✗ Bipod system
4. ✓ Tripod system

Question Number : 67 Question Id : 5942534877 Question Type : MCQ Option Shuffling : Yes Is

Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum

Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Choose the correct sequence of chronological list of various techniques of measurement in the field of Physical Education.

- A) Muscular Strength and Endurance
- B) Anthropometry
- C) Sports Skill Tests
- D) Cardiovascular Measurement

Options :

1. ✗ B, D, C, A

2. ✓ B, A, D, C

3. ✗ A, B, C, D

4. ✗ C, D, A, B

Question Number : 68 Question Id : 5942534878 Question Type : MCQ Option Shuffling : Yes Is

Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum

Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

An overlap of action and myosin filaments occurs in the

Options :

1. ✓ A Band

2. ✗ I Band

3. ✖ Z line

4. ✖ H Band

Question Number : 69 Question Id : 5942534879 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Irrespective of its kind, measurement is certainly NO matter of determining

Options :

1. ✖ "how much or how little"

2. ✔ "how to be or how not to be"

3. ✖ "how great or how small"

4. ✖ "how much more than or how much less than"

Question Number : 70 Question Id : 5942534880 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Velodrome is related to

Options :

1. ✔ Cycling

2. ✖ Bike race

3. ✖ Boxing

4. ✖ Taekwondo

Question Number : 71 Question Id : 5942534881 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Match the following

- | | |
|----------------------------|--------------------------------|
| A) Substitutes in Football | i) Kho-Kho sitting box |
| B) Futsal | ii) Duration of Handball match |
| C) 30-10-30 | iii) 5 |
| D) 30 × 30 cm | iv) 5-a-side football |

Choose the correct answer

Options :

1. ✖ A - iii; B - iv; C - i; D - ii

2. ✖ A - iv; B - iii; C - ii; D - i

3. ✔ A - iii; B - iv; C - ii; D - i

4. ✖ A - iv; B - iii; C - i; D - ii

Question Number : 72 Question Id : 5942534882 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

The Rorschach inkblot test consists of

- A) Two Black and one Red inks
- B) Five black inkblots
- C) Three Multi coloured inkblots on white background
- D) Seven blue ink dots

Choose the correct answer

Options :

- 1. ✖ A, B, D only
- 2. ✖ A, C, D only
- 3. ✔ A, B, C only
- 4. ✖ D, C, B only

Question Number : 73 Question Id : 5942534883 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

The profitable rest period is utilized in which training?

Options :

- 1. ✖ Fartlek training
- 2. ✖ Continuous training

3. ✖ Interval training

4. ✔ Repetition training

Question Number : 74 Question Id : 5942534884 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Equated group design is called as

Options :

1. ✖ Random group design

2. ✖ Repeated group design

3. ✖ Reverse group design

4. ✔ Parallel group design

Question Number : 75 Question Id : 5942534885 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Choose the correct pairs from the following related to research

- A) Basic research: Developing theories
- B) Applied research: Testing hypothesis
- C) Action research: Generalization of Research Results
- D) Case Study: Studying about current status.

Options :

1. ✓ A and B only
2. ✗ A and D only
3. ✗ A, B and C only
4. ✗ A, C and D only

Question Number : 76 Question Id : 5942534886 Question Type : MCQ Option Shuffling : Yes Is

Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum

Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Read the following pairs related to sports Biomechanics.

- A) Kinetics: Causes of motion
- B) Kinematics: Forms of motion
- C) Velocity: Speed divided by time
- D) Displacement: measuring the distance on the path of the object moving in angular motion.

Choose the correct pairs

Options :

1. ✗ C and D only
2. ✓ A and B only

3. ✖ A and C only

4. ✖ B and D only

Question Number : 77 Question Id : 5942534887 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Choose the correct pairs from the following related to Nutrition

- A) Carbohydrates: main source of energy
- B) Protein: Major structural building blocks
- C) Water: Solvent (or) Lubricant
- D) Minerals: acts as catalyst

Options :

1. ✖ A, B and C only

2. ✖ B, C and D only

3. ✖ A, C and D only

4. ✔ A, B, C and D

Question Number : 78 Question Id : 5942534888 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Length of the hook (or) one side arrow in a relay take over zone is

Options :

1. ✗ 10 cm
2. ✗ 12 cm
3. ✗ 20 cm
4. ✓ 15 cm

Question Number : 79 Question Id : 5942534889 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

In Academia, Historical research is also popularly known as

Options :

1. ✗ Basic research
2. ✗ Philosophical research
3. ✗ Longitudinal research
4. ✓ Retrospective research

Question Number : 80 Question Id : 5942534890 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

A variable which is presumed to cause a change in another variable is called

Options :

1. ✓ Independent variable
2. ✗ Continuous variable
3. ✗ Discrete variable
4. ✗ Dependent variable

Question Number : 81 Question Id : 5942534891 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

The phrases, which are appropriately used in defining research

- A) A search for knowledge
- B) A journey into the domain of uncertainties
- C) Scientific enquiry into a subject
- D) A quest for the unknown and for more about the known

Choose the correct answer

Options :

1. ✗ A, B and C only

2. ✖ B, C and D only

3. ✔ A, C and D only

4. ✖ A, B and D only

Question Number : 82 Question Id : 5942534892 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

The length of the Kho-Kho field is 29m for all categories of players, except?

Note: For this question, discrepancy is found in question/answer. Full Marks is being awarded to all candidates.

Options :

1. Sub-Junior

2. Men

3. Women

4. Boys & Girls

Question Number : 83 Question Id : 5942534893 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Who originally advanced modern theory of periodization?

Options :

1. ✘ Spring
2. ✔ L.P. Matveyev
3. ✘ Sinkkonen
4. ✘ Martens

Question Number : 84 Question Id : 5942534894 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Who is using alternating pace method extensively?

Options :

1. ✘ Sprinters
2. ✘ Throwers
3. ✘ Jumpers

4. ✓ Middle and long distance athletes

Question Number : 85 Question Id : 5942534895 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

The “law of use and disuse” is the sub-part of which law?

Options :

1. ✗ Law of readiness

2. ✗ Law of effect

3. ✓ Law of exercise

4. ✗ Law of analogy

Question Number : 86 Question Id : 5942534896 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

What is the full form of AAHPERD?

Options :

1. ✗ American and Australian Health, Physical Education, Recreation and Dance.

2. ✗ American Association for Health, Physical Education, Recreation and Dance.

3. ✓ American Alliance for Health, Physical Education, Recreation and Dance.

4. ✗ American Agencies for Health, Physical Education, Recreation and Dance.

Question Number : 87 Question Id : 5942534897 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

The force which produces radial acceleration is called

Options :

1. ✗ Centrifugal force

2. ✗ Velocity

3. ✓ Centripetal force

4. ✗ Friction force

Question Number : 88 Question Id : 5942534898 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Which of the following is NOT a non-sampling error?

Options :

1. ✗ Error of measurement

2. ✖ Error of non-response

3. ✖ Arithmetical error

4. ✔ Error of correspondents

Question Number : 89 Question Id : 5942534899 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Teachers of young pupils should serve as

Options :

1. ✔ Mentors

2. ✖ Coach

3. ✖ Teacher substitutes

4. ✖ Parent substitutes

Question Number : 90 Question Id : 5942534900 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Arrange the Achievement Based Curriculum (ABC) Model in the correct order.

- A) Assessing
- B) Teaching
- C) Program Planning
- D) Evaluation
- E) Implementation of planning

Options :

1. ✖ C, A, E, D, B

2. ✖ A, B, C, D, E

3. ✔ C, A, E, B, D

4. ✖ A, B, C, E, D

Question Number : 91 Question Id : 5942534901 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Which of the following are fat soluble vitamins?

- A) Vitamin - A
- B) Vitamin - C
- C) Vitamin - D
- D) Vitamin - E
- E) Vitamin - K

Choose the correct answer

Options :

1. ✖ A, B, C and D only

2. ✖ A, B, C and E only

3. ✔ A, C, D and E only

4. ✖ A, C and D only

Question Number : 92 Question Id : 5942534902 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Maximum strength is the product of which factor?

- A) Biological
- B) Neuromuscular
- C) Carbohydrates
- D) Mechanical

Choose the correct answer

Options :

1. ✖ A and B only

2. ✖ A, B and C only

3. ✖ A and D only

4. ✔ A, B and D only

Question Number : 93 Question Id : 5942534903 Question Type : MCQ Option Shuffling : Yes Is

Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum

Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

The movement of a body around an axis is

- A) Rotatory motion
- B) Linear motion
- C) Angular motion
- D) Rectilinear motion

Choose the correct answer

Options :

1. ✖ A and B only

2. ✔ A and C only

3. ✖ A and D only

4. ✖ C and D only

Question Number : 94 Question Id : 5942534904 Question Type : MCQ Option Shuffling : Yes Is

Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum

Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Primary sources of data for historical research includes

- A) Physical remains
- B) Official records
- C) News paper
- D) Questionnaires
- E) Pictorial records

Choose the correct answer

Note: For this question, discrepancy is found in question/answer. Full Marks is being awarded to all candidates.

Options :

1. A, B, and E only
2. A, B, C and D only
3. A, C, D and E only
4. A, B and E only

Question Number : 95 Question Id : 5942534905 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

The deficiency of which vitamin causes Nyctalopia?

Options :

1. ✓ Vitamin A
2. ✗ Vitamin B
3. ✗ Vitamin D
4. ✗ Vitamin C

Question Number : 96 Question Id : 5942534906 Question Type : MCQ Option Shuffling : Yes Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

What is the International Olympic committee?

- A) Guardian of the Olympic games.
- B) A truly national organisation
- C) The leader of the Olympic movement
- D) It doesn't act as a catalyst for collaboration between all Olympic stake holders.

Choose the correct answer

Options :

1. ✗ C and B only
2. ✓ A and C only
3. ✗ A and B only

4. ✖ C and D only

Question Number : 97 Question Id : 5942534907 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Match the following

- | | |
|----------------------|-------------------------------------|
| A) State anxiety | i) Mental component |
| B) Trait anxiety | ii) Physical component |
| C) Cognitive anxiety | iii) Immediate Emotional State |
| D) Somatic anxiety | iv) Certain Environmental Situation |

Choose the correct answer

Options :

1. ✔ A - iii; B - iv; C - i; D - ii

2. ✖ A - iv; B - ii; C - i; D - iii

3. ✖ A - i; B - ii; C - iv; D - iii

4. ✖ A - ii; B - iii; C - i; D - iv

Question Number : 98 Question Id : 5942534908 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Match the following

- | | |
|--------------------------|--|
| A) Case study | i) Reconstruction of the past |
| B) Experimental Research | ii) Indicates current status only in regard to a particular phenomenon |
| C) Historical Research | iii) A comprehensive picture of an individual |
| D) Survey | iv) The most authentic method of scientific enquire |

Choose the correct answer

Options :

1. ✓ A - iii; B - iv; C - i; D - ii

2. ✗ A - iv; B - i; C - ii; D - iii

3. ✗ A - i; B - ii; C - iii; D - iv

4. ✗ A - ii; B - iii; C - iv; D - i

Question Number : 99 Question Id : 5942534909 Question Type : MCQ Option Shuffling : Yes Is
Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A Minimum
Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

Match the following

- | | |
|----------------------|---|
| A) Anatomical Age | i) Concerned with puberty |
| B) Chronological Age | ii) Cognitive maturation |
| C) Mental Age | iii) Development in the skeletal system |
| D) Physiological Age | iv) Years, months and days |

Choose the correct answer

Options :

1. ✓ A - iii; B - iv; C - ii; D - i

2. ✖ A - iv; B - ii; C - i; D - iii

3. ✖ A - iii; B - ii; C - iv; D - i

4. ✖ A - ii; B - i; C - iv; D - iii

Question Number : 100 Question Id : 5942534910 Question Type : MCQ Option Shuffling : Yes

Is Question Mandatory : No Calculator : None Response Time : N.A Think Time : N.A

Minimum Instruction Time : 0

Correct Marks : 1 Wrong Marks : 0.25

While constructing a Gymnasium, what are the characteristics you have to follow?

- A) The podium should be 90cm to 150cm
- B) The composition area of the floor should be 12×12 cm
- C) The double flex floor must be surrounded by a border of 500mm
- D) The double flex floor should be made of plywood plates on a rubber base as layer in-between.

Choose the correct answer

Options :

1. ✖ A, B and D only

2. ✔ B, C and D only

3. ✖ A, C and D only

4. ✖ C and D only