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125 Questions

Que. 1 The objective of saving by the housewife is

1. Buy expensive goods
2. To protect your pride
3. To secure the future
4. For all of the above

Correct Option - 3

Que. 2 Pyorrhea disease occurs

1. In Ear's
2. In Teeth's
3. In Eye's
4. In Nose

Correct Option - 2

Que. 3 Plastic items should be cleaned

1. From Lime
2. From the Ashes
3. From Surf and Soap
4. From Lemon

Correct Option - 3

Que. 4 What comes under natural ventilation

1. Air Conditioning
2. Exhaust Fan
3. Transport Currents
4. All these

Correct Option - 3

Que. 5 The main function of nitrogen gas is

1. Reducing the flammability of oxygen
2. Increase the flammability of oxygen
3. Purifying carbon dioxide
4. Reducing the effects of ozone

Correct Option - 1

Que. 6 The efficient economy of the family depends.

1. On the required savings
2. On coordination of requirements
3. On prudent savings
4. On cutting down on necessary expenses

Correct Option - 3

Que. 7 All the garbage in the house should be collected

1. In the dustbin
2. In a corner of the kitchen
3. Outside the house
4. None of these

Correct Option - 1

Que. 8 In modern times, the best tool for cleaning curtains, carpets, floors, etc. is

1. Broom
2. Brush
3. Vacuum cleaner
4. Duster

Correct Option - 3

Que. 9 Lemon and salt are used to clean which of the following utensils?

1. Silver
2. Green rust of copper
3. Furniture
4. Stone

Correct Option - 2

Que. 10 Which of the following vitamins is obtained from the rays of the sun?

1. Vitamin K
2. Vitamin A
3. Vitamin E
4. Vitamin D

Correct Option - 4

Que. 11 That insect that bites clothes

1. Clip moth
2. Silver fish
3. Cufalcus
4. None of these

Correct Option - 1

Que. 12 Which of the following fabrics are not damaged by base?

1. Silky
2. Cotton
3. Nylon
4. Terricott

Correct Option - 2

Que. 13 Which of the following is a characteristic of hard water

1. Foam rises less in water
2. Food is easy to make
3. Tastes good to drink
4. Is colourless, odorless and transparent

Correct Option - 1

Que. 14 The best way to purify water at home is

1. By bleaching powder
2. By boiling
3. By chlorination
4. By precipitation

Correct Option - 2

Que. 15 Water has impurities

1. Bacterial
2. Dissolved
3. Floatable
4. All these

Correct Option - 1

Que. 16 Which of the following device saves the most labor at home?

1. Almirah
2. Geyser
3. Mixer Grinder
4. Vacuum Cleaner

Correct Option - 3

Que. 17 Fat soluble vitamins are

1. Vitamin E
2. Vitamin A
3. Vitamin B
4. Both 1 and 2

Correct Option - 4

Que. 18 The simplest form of all types of sugar is

1. fructose
2. galactose
3. glucose
4. lactose

Correct Option - 3

Que. 19 Must be purchased every year at the time of harvest

1. rice
2. flour

3. ghee
4. potato

Correct Option - 1

Que. 20 The ability of the body to fight diseases is called

1. infection
2. incubating power
3. disinfection
4. immunity

Correct Option - 4

Que. 21 What are the language defects found in children?

1. wrong pronunciation
2. ambiguous pronunciation
3. stammer
4. to speak slowly

Correct Option - 4

Que. 22 The child's emotions are not characteristic

1. intensity of emotions
2. quickness of emotions
3. frequent manifestation of emotions
4. permanent nature of emotions

Correct Option - 4

Que. 23 Child development is not

1. infancy
2. childhood
3. adolescence
4. old age

Correct Option - 4

Que. 24 Extension education is a _____ method.

1. non-practical teaching
2. practical teaching
3. group teaching
4. science teaching

Correct Option - 2

Que. 25 Home decor refers to

1. Decorate your home with less space, less expense and less time
2. Decorating a home in less space, more cost and less time
3. Decorate your home for more space, less expense and more time
4. None of the above

Correct Option - 1

Que. 26 Ratio refers to "the relation of measures and areas as a whole to each other". This is the statement

1. of Rat
2. of T. Craig
3. of Stella Sundarraaj
4. of Wilser

Correct Option - 3

Que. 27 What is not necessary to think before applying pressure?

1. on whom to apply pressure
2. how to apply pressure
3. why to apply pressure
4. where to apply pressure

Correct Option - 3

Que. 28 Who is called the king of clothes (fibers)?

1. linen
2. silk
3. cotton
4. jute

Correct Option - 3

Que. 29 The length of the scissors to cut the cloth should be approx.

1. 20-25 cm
2. 15-20 cm
3. 25-30 cm
4. 5-10 cm

Correct Option - 2

Que. 30 statistical does statistics

1. compilation
2. classification
3. tabulation
4. all these

Correct Option - 4

Que. 31 Water soluble vitamin is

1. Vitamin E
2. Vitamin K
3. Vitamin B
4. Vitamin A

Correct Option - 3

Que. 32 Thyroxine hormone is secreted

1. from the thyroid gland
2. from the parathyroid gland
3. from the liver
4. from the stomach

Correct Option - 1

Que. 33 Which one of the following organizations of the United Nations has been formed to protect children and mothers from diseases and their welfare?

1. UNICEF
2. CARE
3. Red Cross Society
4. All these

Correct Option - 1

Que. 34 A problem of environmental pollution

1. problems of developing countries
2. problem of developed countries
3. India has a problem
4. the problem of the whole world

Correct Option - 4

Que. 35 Sure sign of pregnancy

1. vomiting
2. abdominal enlargement
3. hormones in urine
4. increased blood pressure

Correct Option - 3

Que. 36 Which of the following should a woman do after delivery?

1. should not drink cold water
2. should not work too much
3. should have a massage
4. should take a rest

Correct Option - 1

Que. 37 Newborn baby's first food is

1. Honey
2. Water
3. Mother's milk
4. Cow's milk

Correct Option - 3

Que. 38 Cause of child death

1. more children
2. nutritional deficiency
3. inattention in pregnancy
4. all these

Correct Option - 4

Que. 39 Family planning benefits

1. increase in employment
2. reduction in poverty
3. improving living standards
4. all these

Correct Option - 4

Que. 40 Necessary to fulfill the need

1. Resource
2. Qualification
3. Meal
4. All these

Correct Option - 1

Que. 41 After digestion of protein, it is converted into:

1. in amino acids
2. in sugar
3. in peptone
4. in lactose

Correct Option - 1

Que. 42 In the ideal kitchen

1. 'L' shaped plan is
2. 'U' shaped plan is
3. Covered kitchen
4. All of the above

Correct Option - 2

Que. 43 There's a good housewife right there

1. One who creates a balanced budget
2. Give importance to the needs of all family members
3. Take care of cleanliness, orderliness and beauty in the house
4. All of the above

Correct Option - 4

Que. 44 Humans get 10 calories of energy

1. from one gram of carbohydrates
2. from 2 grams of carbohydrates

3. from two and a half grams of carbohydrates
4. from 5 grams of carbohydrates

Correct Option - 3

Que. 45 The weight of the baby's brain at birth is

1. 100 gram
2. 350 gram
3. 800 gram
4. 500 gram

Correct Option - 2

Que. 46 What is the amount of alcohol found in beer?

1. 22%
2. 3%
3. 40.50%
4. 55%

Correct Option - 2

Que. 47 In which part of the body is the skin the thinnest?

1. Palm
2. Soles
3. Face
4. None of these

Correct Option - 3

Que. 48 Globulins are essential for the body because

1. It controls the amount of water in the plasma
2. It helps in blood clotting
3. Antibodies are found in these to protect the body from many diseases.
4. All of the above

Correct Option - 3

Que. 49 We should always breathe

1. through the mouth
2. through the nose
3. sometimes through the mouth sometimes through the nose
4. as though

Correct Option - 2

Que. 50 Parts of the brain are

1. fore brain(large brain)
2. hind brain(small brain)
3. mid brain(middle brain)
4. all these

Correct Option - 4

Que. 51 Characteristics of the traditional Indian family

1. joint family system
2. patriarchal family
3. priority of values and ideals
4. all of the above

Correct Option - 3

Que. 52 Which state of the child is called the psychological state?

1. infancy
2. adolescence
3. childhood
4. adulthood

Correct Option - 2

Que. 53 How can children be prevented from developing curiosity about the sexual organs?

1. By engaging their interest in music, art, dance or any creative work
2. By giving information related to sex organs from the market
3. By discussion
4. All of the above

Correct Option - 1

Que. 54 The factor that affects the development of intelligence is not

1. inheritance
2. religious beliefs
3. business
4. racial diversity

Correct Option - 2

Que. 55 There is a way to end child marriage

1. Promotion and dissemination of education
2. Dowry ban law should be imposed
3. Be able to make the right decisions
4. All of the above

Correct Option - 4

Que. 56 How do economists benefit from creating a family budget?

1. They get information about public income.
2. They get information about the ability of the public to pay taxes.
3. The government gets information about the imposition of direct or indirect taxes.
4. All of the above

Correct Option - 4

Que. 57 What is diaphragm?

1. These are foamy tablets
2. It is a type of contraceptive medicine
3. It is a plastic ring
4. Muscle between lungs and abdomen

Correct Option - 4

Que. 58 What is a Saudayik (bestowal wealth)?

1. Purush-Dhan (Man-wealth)
2. Stree-Dhan (Woman-wealth)
3. Putra-Dhan (Son-wealth)
4. None of these

Correct Option - 2

Que. 59 There is a close relationship between malnutrition and _____.

1. Anxiety
2. Happiness
3. Diligence
4. Beauty

Correct Option - 1

Que. 60 Calcium is given in excess quantity in _____ and rickets diseases.

1. Scurvy
2. Fever
3. Beri-Beri
4. Osteomalacia

Correct Option - 4

Que. 61 Newborn baby's pulse rate per minute is

1. 80 times
2. 150 times
3. 100 times
4. 120 times

Correct Option - 2

Que. 62 A person doing mental work requires _____ of energy than a person doing physical work.

1. Less
2. More
3. Equal
4. None of the above

Correct Option - 1

Que. 63 How many of the following calories of energy does a pregnant woman need?

1. 3600 Calories

2. 2700 Calories
3. 3500 Calories
4. 2300 Calories

Correct Option - 3

Que. 64 Infectious disease spread through

1. Air
2. Water
3. Living organisms
4. All of these

Correct Option - 4

Que. 65 What is first aid?

1. Special treatment given by a doctor
2. Treatment given for drowning
3. Medicine given to the patient before the arrival of the doctor
4. Scorpion bite treatment

Correct Option - 3

Que. 66 _____ has the highest ability to absorb sweat.

1. Terrycott fabric
2. Cotton fabric
3. Nylon fabric
4. Silk fabric

Correct Option - 2

Que. 67 Which method is more scientific for preserving foods?

1. Chemical method
2. Physical method
3. Radiation method
4. None of these

Correct Option - 3

Que. 68 How many milk teeth do babies have?

1. 15
2. 18
3. 20
4. 24

Correct Option - 3

Que. 69 Which of the following fibers is obtained from natural sources?

1. Nylon
2. Cotton
3. Polyester

4. Both '1' and '2'

Correct Option - 2

Que. 70 _____ may be responsible for sterility.

1. Only male
2. Only female
3. Both '1' and '2'
4. Either male or female

Correct Option - 4

Que. 71 What is the way to avoid anemia in pregnancy?

1. Taking enough rest
2. Drinking milk
3. Taking rest everyday
4. Eating enough nutritious and balanced diet

Correct Option - 4

Que. 72 What foods should be used during pregnancy for dental health?

1. Mangoes
2. Oranges
3. Guavas
4. Sapotas

Correct Option - 2

Que. 73 _____ is not a type of delivery.

1. Likely delivery
2. Natural delivery
3. Instrumental
4. Complicated delivery

Correct Option - 1

Que. 74 What kind of protective substance remains on the body of the baby in the womb?

1. Thin, smooth
2. Waxy greasy substance
3. Cold and thin as water
4. None

Correct Option - 2

Que. 75 _____ is not a solid supplement food.

1. Mashed vegetables
2. Mashed fruits
3. Boiled egg
4. Water

Correct Option - 4

Que. 76 How many times should every pregnant woman get tested in the health center in the first seven months?

1. Per week
2. Twice a month
3. Once a month
4. Thrice a month

Correct Option - 3

Que. 77 What is the cause of infant death in the first four weeks?

1. Asphyxiation
2. Congenital abnormalities
3. Complete timeliness
4. All of these

Correct Option - 4

Que. 78 In which year was the word Sociology first used?

1. Year 1832
2. Year 1835
3. Year 1838
4. Year 1840

Correct Option - 3

Que. 79 Necessity is such a desire of man for the fulfillment of which he should have enough ____.

1. Means
2. Money
3. Repute
4. Savings

Correct Option - 1

Que. 80 What is a family?

1. A group
2. A community
3. A social organization
4. A crowd

Correct Option - 3

Que. 81 What are the characteristics of Indian families?

1. Joint family
2. Patriarchal family
3. Blood relation
4. All of these

Correct Option - 4

Que. 82 Child marriage is a-

1. Personal problem
2. Social problem
3. Family problem
4. Legal problem

Correct Option - 2

Que. 83 What is the best source of getting protein?

1. Milk
2. Curd
3. Soybean
4. Green vegetables

Correct Option - 3

Que. 84 Which of the following is a mineral salt source?

1. Green leafy vegetables
2. Milk
3. Oranges
4. Soybean

Correct Option - 1

Que. 85 What happens when you cook food in a pressure cooker?

1. Nutrients are not destroyed
2. Food cooks fast
3. Labor is less
4. All of these

Correct Option - 4

Que. 86 What is the hallmark of a good jelly?

1. Being transparent
2. It does not cut when cut with a knife
3. Being Sour
4. None of the above

Correct Option - 1

Que. 87 Why should drafting be done before sewing clothes?

1. Fabrics don't go to waste
2. There is no possibility of wrong cut of fabrics
3. Fitting turns out good
4. Both 1 and 2

Correct Option - 4

Que. 88 Why do you put oil in the machine?

1. Machine runs smoothly
2. It stays smooth

3. Sewing clothes is good
4. None of the above

Correct Option - 1

Que. 89 What number of needles should be put in the machine to sew simple clothes?

1. No. 12
2. No. 16
3. No. 9
4. No. 18

Correct Option - 1

Que. 90 Laundry soda makes water _____.

1. Hard
2. Tasty
3. Soft
4. Odorless

Correct Option - 3

Que. 91 What is the function of binding the various parts of the body of an animal?

1. Muscle cells
2. Sheath cell
3. Connective cells
4. Neurons

Correct Option - 3

Que. 92 Nature of home science is

1. Science
2. Arts
3. Arts and Sciences
4. None of these

Correct Option - 3

Que. 93 The number of ribs in the human body is?

1. 10
2. 28
3. 12
4. 48

Correct Option - 3

Que. 94 What is the percentage of water, protein, and fats in the muscles?

1. 70%
2. 35%
3. 50%
4. 25%

Correct Option - 1

Que. 95 Muscles make up about what percentage of the total body part?

1. 60%
2. 80%
3. 90%
4. 50%

Correct Option - 4

Que. 96 The path which starts from the mouth to the anus is called

1. Small Intestine
2. Large Intestine
3. Digestive System
4. Alimentary Canal

Correct Option - 4

Que. 97 Which disease is caused by the deficiency of Vitamin 'A'?

1. Beri-Beri
2. Scurvy
3. Night Blindness
4. Rickets

Correct Option - 3

Que. 98 What percentage of the following is our body made up of water?

1. 80%
2. 90%
3. 65 to 70%
4. 80 to 90%

Correct Option - 3

Que. 99 Fat person should use less in food

1. Fat
2. Carbohydrate
3. Protein
4. Vitamin

Correct Option - 1

Que. 100 The retina is a part of which organ?

1. Nose
2. Eye
3. Ear
4. Head

Correct Option - 2

Que. 101 What hormones are produced in the ovaries of a woman?

1. Progesterone
2. Estrone
3. Relaxin
4. All these

Correct Option - 4

Que. 102 The remedy for fatigue

1. Room temperature to suit the weather
2. Calm surroundings
3. Not do any work for a long time
4. Not do any work

Correct Option - 3

Que. 103 What is ventilation?

1. Entry of pure air and removal of impure air
2. Rising of light air and coming down of heavy air
3. Doing nothing for a long time
4. Not do anything

Correct Option - 1

Que. 104 The best way to dispose of garbage is

1. By burning
2. Disperse in water
3. Make compost
4. To landfill

Correct Option - 3

Que. 105 Which microorganism destroys food items?

1. Yeast
2. Mold
3. Bacteria
4. All these

Correct Option - 4

Que. 106 What is natural disinfection?

1. Burn microbes
2. Kill germs by boiling
3. Destruction of germs by ultraviolet rays
4. Destroy germs by phenyl

Correct Option - 3

Que. 107 When was the National Organization for Public Cooperation and Child Development (NIPCCD) established?

1. 4 July, 1975
2. 3 May, 1975
3. 5 July, 1978
4. 8 March, 1945

Correct Option - 1

Que. 108 The birth of a child is a gift from God. This superstition can be eradicated

1. By education
2. By personal contact
3. Giving information about physical facts
4. Door-to-door preaching

Correct Option - 1

Que. 109 Which of the following is the loudest sound of noise?

1. Military Rifle
2. Air raid siren
3. Loudspeaker
4. Rock Music

Correct Option - 1

Que. 110 It is very important for 'smog' i.e. smog caused by air pollution.

1. Oxides of nitrogen
2. Hydrogen
3. Carbon di-oxide
4. Methane gas

Correct Option - 1

Que. 111 Is a chemical disinfectant

1. Copper Sulphate
2. Bleaching Powder
3. Potassium Permanganate
4. All of these

Correct Option - 4

Que. 112 Cause of amoebic dysentery

1. Amoeba
2. Vasileus
3. Bacillus
4. Salmonella

Correct Option - 1

Que. 113 'Vibrio cholerae' named bacterium spreads

1. Typhoid
2. Paratyphoid

3. Cholera
4. Malaria

Correct Option - 3

Que. 114 Which of the following should a woman of short stature wear prominently?

1. Of sideways stripe
2. Of long stripe
3. With flowers and long leaves
4. Of four dining designs

Correct Option - 2

Que. 115 If wool is washed with alkaline soap, it will

1. Become garbage
2. Get brighter
3. Get thicker
4. Get thinner

Correct Option - 1

Que. 116 Person's personality reflects

1. By choice of pictures
2. By home decor
3. From valuable goods
4. None of these

Correct Option - 2

Que. 117 Have symptoms of rabies

1. Barking like dogs
2. Behaving like crazy
3. Afraid of water
4. All of the above

Correct Option - 4

Que. 118 Spread of leprosy

1. From mycobacterium leprae
2. From plasmodium
3. From bacillus
4. None of the above

Correct Option - 1

Que. 119 The utility of the playground

1. Physical development
2. Development of cooperative spirit
3. Is entertained
4. All of the above

Correct Option - 4

Que. 120 By creating a family budget

1. Expenses are cut
2. Proper use of income
3. Family members get satisfaction
4. All of the above

Correct Option - 2

Que. 121 What epithelium are the air sacs of the lungs made of?

1. Scaly
2. Columnar
3. Ciliated
4. None of these

Correct Option - 1

Que. 122 How many total bones are found in the thorax?

1. Thirty Three (33)
2. Sixty Four (64)
3. Twenty Two (22)
4. Twenty Nine (29)

Correct Option - 1

Que. 123 There is a mechanism to give shape and beauty to the skeletal system.

1. Nervous System
2. Muscular System
3. Circulatory System
4. Digestive System

Correct Option - 2

Que. 124 Approximately how much bile is produced by the liver in the human body?

1. 20 ounce
2. 40 ounce
3. 70 ounce
4. 10 ounce

Correct Option - 1

Que. 125 Most energy calories are produced

1. Pure Ghee
2. Refined
3. Peanut Oil
4. Mustard Oil

Correct Option - 1