

UP TGT

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125 Questions

Que. 1 Social behavior begins at birth:

1. truth
2. false
3. not related
4. controversial

Correct Option - 2

Que. 2 Jealousy is a _____ emotion.

1. congenital
2. excessive
3. positive
4. negative

Correct Option - 4

Que. 3 _____ is one of the causes of foodborne diseases.

1. contamination with microorganisms
2. heating
3. inflammation
4. dysentery

Correct Option - 1

Que. 4 Fungi like Mucor, Aspergillus and Ergot are common contaminants of _____ and _____.

1. pork and beef
2. tapeworm and ringworm
3. bacteria and virus
4. bread and cereals

Correct Option - 4

Que. 5 Wool almost loses its _____ strength when it gets wet.

1. 20 percent
2. 50 percent
3. 30 percent
4. 40 percent

Correct Option - 4

Que. 6 _____ fibers give the smell of burning hair.

1. flax
2. protein
3. nylon
4. rayon

Correct Option - 2

Que. 7 A bundle of yarn, 840 yards in length is known as _____.

1. hank
2. pound
3. number one
4. count to

Correct Option - 1

Que. 8 The plain fiber made of yarn is:

1. chiffon
2. creep
3. calico
4. georgette

Correct Option - 3

Que. 9 The grading of food based on the postprandial blood glucose response compared with the referenced food is called a _____ sign.

1. fruit
2. vegetation
3. milk
4. gycemic

Correct Option - 4

Que. 10 The Co-operative American Relief Everywhere (CARE) was established in 1945 to provide help to the survivors of _____.

1. first world war
2. cold war
3. second world war
4. kargil war

Correct Option - 3

Que. 11 The yarn is ready for spinning in the _____ stage.

1. carding
2. balling
3. slivering
4. combing

Correct Option - 3

Que. 12 The property of woolen fibers to become interlocked is called _____.

1. felting
2. structure
3. shrink
4. keratin

Correct Option - 1

Que. 13 Dhaka muslin with woven pattern is known as _____.

1. jamdani
2. chanderi
3. baluchar
4. buti

Correct Option - 1

Que. 14 _____ is the center of origin of Chikankari art.

1. Delhi
2. Bombay
3. Goa
4. Lucknow

Correct Option - 4

Que. 15 Questionnaires are one of the investigative forms for collecting information in research in child studies.

1. truth
2. false
3. not related
4. controversial

Correct Option - 1

Que. 16 _____ is the name given to that behavior, when repeated, becomes automatic.

1. Work schedule
2. Insistence
3. Motion
4. Habit

Correct Option - 4

Que. 17 Each kidney is made up of one lakh functional units called _____.

1. neutron
2. nephron
3. acid
4. drugs

Correct Option - 2

Que. 18 Dialysis is a procedure that can replace some of the normal functions of _____.

1. eyes
2. lungs
3. heart
4. kidney

Correct Option - 4

Que. 19 Rabies is also known as _____.

1. extreme phobia
2. hydrophobia
3. anemophobia
4. claustrophobia

Correct Option - 2

Que. 20 The first three months of pregnancy are called _____ trimesters.

1. first
2. initial
3. third
4. last

Correct Option - 1

Que. 21 _____ is one of the world's largest and most amazing Beyond Borders programs for early childhood care and development.

1. N.I.N.
2. I.C.M.R.
3. I.C.D.S.
4. W.H.O.

Correct Option - 3

Que. 22 Education does not mean telling people what they do not know. Education means teaching them to behave in a way they don't - who said that?

1. Kelsey L.D.
2. P. R. R. Sinha
3. John Dewey
4. Ruskin

Correct Option - 4

Que. 23 Designed to encourage the free introduction of _____.

1. buzz session
2. brain churn
3. seminar
4. conference

Correct Option - 2

Que. 24 _____ is a visual teaching with pieces of flannel felt on a sandpaper.

1. chalkboard
2. flannel graph
3. photograph
4. painting

Correct Option - 2

Que. 25 The groups in which the membership role resides or there is some procedure for selecting the office bearer are known as _____ groups.

1. informal
2. formal
3. local
4. structural

Correct Option - 2

Que. 26 Avoid large figure designs, if you are _____.

1. weak
2. lean
3. thin
4. gross body

Correct Option - 4

Que. 27 Antibiotics are also called _____.

1. toxic
2. fat
3. immunoglobulins
4. carbohydrate

Correct Option - 3

Que. 28 In the fetus, the buttocks come first, then the legs and arms and finally the head. This is the situation:

1. breech birth
2. device birth
3. natural birth
4. immediate birth

Correct Option - 1

Que. 29 The amount of energy required by the body at rest is:

1. basic metabolism
2. calories
3. joule
4. calorimetry

Correct Option - 1

Que. 30 Bulk foods play a useful role in stimulating the movement of the large intestine.

1. truth
2. false
3. controversial
4. not related

Correct Option - 1

Que. 31 Amino acids which cannot be synthesized by the body are called _____ amino acids.

1. non-essential

2. essential
3. partial
4. ordinary

Correct Option - 2

Que. 32 _____ is the scientific name for household sugar.

1. lactose
2. maltose
3. sucrose
4. dextrose

Correct Option - 3

Que. 33 Food with an adequate ratio of _____ tends to "stay with you" much longer.

1. fat
2. protein
3. water
4. carbohydrates

Correct Option - 1

Que. 34 Pellagra is a deficiency of _____.

1. thiamine
2. iodine
3. niacin
4. riboflavin

Correct Option - 3

Que. 35 _____ is required for the formation of hemoglobin.

1. calcium
2. protein
3. fat
4. iron

Correct Option - 4

Que. 36 _____ is a method of heating fruits and vegetables in boiling water or steam for some time.

1. bottling
2. covering
3. blanching
4. freezing

Correct Option - 3

Que. 37 Indian multipurpose food is prepared and marketed by _____.

1. C. F. T. R. I.
2. N. I. N.
3. W. H. O.

4. UNICEF
Correct Option - 1

Que. 38 The Prevention of Food Adulteration Act was passed in the year _____.

1. 1951
2. 1952
3. 1953
4. 1954

Correct Option - 4

Que. 39 _____ gives meaning to life.

1. Target
2. Value
3. Standard
4. Fund

Correct Option - 2

Que. 40 Long-term goals are likely to be considered as _____.

1. permanent
2. temporary
3. flexible
4. none of the above

Correct Option - 1

Que. 41 Making coffee is an example of a _____ decision.

1. habitually
2. immediately
3. animate
4. emergency

Correct Option - 1

Que. 42 _____ efforts are where our eyes direct the movement of our bodies.

1. psychic
2. pedal
3. sight
4. torsal

Correct Option - 3

Que. 43 Task simplifications represent _____ work methods.

1. good
2. better
3. above all
4. worst

Correct Option - 3

Que. 44 _____ is made up of a chain of management decisions, the process of using family resources.

1. Family
2. House
3. Environment
4. Skills

Correct Option - 2

Que. 45 _____ plan is to be implemented.

1. planning
2. control
3. evaluation
4. to energize

Correct Option - 2

Que. 46 Defining the problem is a _____ step in the decision-making process.

1. first
2. second
3. third
4. fourth

Correct Option - 1

Que. 47 Which is an example of both human and non-human resources?

1. energy
2. skills
3. ability
4. interest

Correct Option - 1

Que. 48 _____ Management means the application of science to management problems.

1. Problem
2. Solution
3. Scientist
4. Artistic

Correct Option - 3

Que. 49 _____ is defined as familiar knowledge combined with practical application to task performance.

1. clumsiness
2. skills
3. disability
4. stupidity

Correct Option - 2

Que. 50 _____ Arjan is referred to as Anand Arjan.

1. Funds
2. Real
3. Spiritual
4. Luggage

Correct Option - 3

Que. 51 _____ reduces economic insecurity in old age.

1. Wages
2. Salary
3. Services
4. Savings

Correct Option - 4

Que. 52 _____ means to clean the interior of a house by taking out the contaminated air and circulating pure air.

1. Aspect
2. Air movement
3. Possibility
4. Murom

Correct Option - 2

Que. 53 _____ refers to the arrangement of lines, forms, colors, and structures.

1. Form
2. Figure
3. Adjustment
4. Design

Correct Option - 4

Que. 54 Design principle refers to the law of _____ relation.

1. proportion
2. balance
3. rhythm
4. thrust

Correct Option - 1

Que. 55 Furniture with cushioned surface is called _____.

1. drawer
2. table
3. chair
4. upholstering

Correct Option - 4

Que. 56 _____ is the tactile surface quality of the substance.

1. Structure

2. Confusion
3. Influence
4. Thing

Correct Option - 1

Que. 57 If an Rh-positive man marries an Rh-negative woman, the result will be a _____ fetus.

1. positive
2. negative
3. dead delivery
4. pre mature

Correct Option - 1

Que. 58 _____ is called poor man's milk.

1. Ragi
2. Wheat
3. Sorghum
4. Millet

Correct Option - 1

Que. 59 _____ are common feeding problems of babies.

1. Constipation
2. Diarrhea
3. Allergy
4. All of the above

Correct Option - 4

Que. 60 Small amounts of water with sugar and salt can be given during _____.

1. Vomiting
2. Common cold
3. Colic
4. Tonsils

Correct Option - 1

Que. 61 _____ development means progress in the control of body movements.

1. acute
2. slow
3. induction
4. average

Correct Option - 3

Que. 62 Nail biting and thumb sucking can be neglected till the age of _____.

1. 6
2. 5
3. 4

4. 3

Correct Option - 4

Que. 63 _____ is used to make soap.

1. Gram Flour
2. Rice
3. Sorghum
4. Millet

Correct Option - 1

Que. 64 _____ is a fear-increasing stimulus for young children.

1. Conversation
2. Thinking
3. Solitude
4. Kindness

Correct Option - 3

Que. 65 _____ occurs due to severe deficiency of protein and calories in food.

1. Marasmus
2. Scurvy
3. Beri beri
4. Goiter

Correct Option - 1

Que. 66 Food infection is the ingestion of pathogenic bacteria, and microbes present in the food.

1. False
2. True
3. Not Relevant
4. Doubtful

Correct Option - 2

Que. 67 Asbestos is a _____ fibre.

1. Mineral
2. Natural
3. Thermoplastic
4. Non - thermoplastic

Correct Option - 1

Que. 68 The fibers of vegetables feel _____ on touch.

1. Cold
2. Non-living
3. Bright
4. Hot

Correct Option - 1

Que. 69 Wild silk looks different from cultured silk under the microscope.

1. True
2. False
3. Not relevant
4. Controversial

Correct Option - 1

Que. 70 _____ is named according to the method or design adopted in weft of interlacing threads.

1. Thread
2. Fibre
3. Cloth
4. Weaving

Correct Option - 4

Que. 71 The major storage polysaccharide of plants is:

1. Starch
2. Glucose
3. Carbohydrate
4. Fat

Correct Option - 1

Que. 72 The _____ quotient is defined as the ratio of the amount of carbon dioxide produced and the amount of oxygen used to oxidize a given amount of nutrients.

1. intelligence
2. respiration
3. circulation
4. urinary

Correct Option - 2

Que. 73 The term _____ is used for the stuffing of silk and wool.

1. Napping
2. Weightage
3. Mooring
4. Glazing

Correct Option - 2

Que. 74 Rippling is done to obtain _____ for the flax plant.

1. Seed
2. Stem
3. Plant
4. Rayon

Correct Option - 4

Que. 75 _____ is a bad conductor of heat.

1. Cotton
2. Silk
3. Linen
4. Rayon

Correct Option - 2

Que. 76 Patola sarees are produced by _____.

1. Paithani
2. Tie-Dying
3. Himrus
4. Block dying

Correct Option - 2

Que. 77 Surf is a _____.

1. Detergent
2. Soap
3. Caustic Soda
4. Fat

Correct Option - 1

Que. 78 The need for love and affection is a _____ need.

1. Biological
2. Egoistic
3. Psycho-social
4. Sensory

Correct Option - 3

Que. 79 _____ is the first molder of the child.

1. Social Media
2. Water
3. Family
4. Sand

Correct Option - 3

Que. 80 The kidney secretes a _____, which is called renal erythropoietic factor.

1. enzyme
2. chemical
3. acid
4. hormone

Correct Option - 1

Que. 81 Salmonella food poisoning is bacterial food poisoning.

1. True
2. False

3. Not rellevant
4. Controversial

Correct Option - 1

Que. 82 Type-2 Diabetes Mellitus is called _____.

1. insulin based diabetes mellitus
2. non-insulin based diabetes mellitus
3. Malnutrition Diabetes Mellitus
4. diabetes mellitus of pregnancy

Correct Option - 2

Que. 83 The period after the childbirth is _____ and lactation.

1. Pre-partum
2. Post-partum
3. Delivery
4. Maturity

Correct Option - 2

Que. 84 Participation in remote education is _____ while school attendance is _____

1. necessary, optional
2. optional, necessary
3. only, necessary
4. only, optional

Correct Option - 2

Que. 85 An example of a change of attitudes due to planned participation is:

1. Partnership and decision making
2. change in age
3. chronic illness
4. position of authority

Correct Option - 1

Que. 86 A _____ device is an instrument or communication device in which a message can be seen but cannot be heard.

1. Audible
2. Visual
3. Both audible and visual
4. None

Correct Option - 2

Que. 87 _____ is the person who initiates the process of communication in operation.

1. Supervisor
2. Organizer
3. Audience

4. Communicator

Correct Option - 4

Que. 88 The _____ leader operates as if he cannot rely on people.

1. Democratic
2. Laissez-faire
3. Dictatorship
4. General

Correct Option - 3

Que. 89 Early childhood is also known as _____ age.

1. pre-birth
2. pre-gang
3. puberty
4. pre-maturity

Correct Option - 2

Que. 90 _____ immunity is acquired either because of a vaccine being given or as a result of infection.

1. Natural
2. Active
3. Passive
4. Acquired

Correct Option - 4

Que. 91 The prior statement form of communication is:

1. to balk
2. gesture
3. emotional expressions
4. all of the above

Correct Option - 4

Que. 92 Riboflavin was previously called:

1. Vitamin B₁
2. Vitamin B₆
3. Vitamin B₁₂
4. Vitamin B₂

Correct Option - 4

Que. 93 Due to the improper functioning of the kidney, water retention results in _____.

1. sweat
2. hunger
3. inflammation
4. thirst

Correct Option - 3

Que. 94 _____ is a natural polymer.

1. vitamin
2. mineral
3. fat
4. protein

Correct Option - 4

Que. 95 Cereals are the main storehouse of food in the form of starch particles in _____.

1. embryo
2. endosperm
3. alveron
4. scutellum

Correct Option - 2

Que. 96 Bitot spot _____ vitamin deficiency.

1. A
2. D
3. E
4. K

Correct Option - 1

Que. 97 _____ is necessary for blood to clot.

1. vitamin A
2. vitamin K
3. vitamin C
4. vitamin D

Correct Option - 2

Que. 98 The fermented product of milk is:

1. ghee
2. cheese
3. butter
4. khoya

Correct Option - 2

Que. 99 Making bed is _____ energy work.

1. light
2. medium
3. heavy
4. very heavy

Correct Option - 1

Que. 100 When there is a deficiency of hemoglobin in the blood, we get _____.

1. fever
2. headache
3. chicken pox
4. anemia

Correct Option - 4

Que. 101 Starch simply breaks down into _____.

1. mouth
2. small intestine
3. stomach
4. large intestine

Correct Option - 2

Que. 102 According to 'Parker', comfort is the motivational value of human behaviour.

1. true
2. false
3. is not related
4. controversial

Correct Option - 1

Que. 103 The three steps in decision making are given by _____.

1. Ogel
2. John Dewey
3. Swaminathan
4. Srilakshmi

Correct Option - 2

Que. 104 _____ is a resource we all share, although it is also one of which we are generally careless.

1. monry
2. time
3. energy
4. water

Correct Option - 2

Que. 105 An operations chart is a step by step description of the method used to perform a task.

1. true
2. false
3. is not related
4. controversial

Correct Option - 2

Que. 106 _____ income is the flow of satisfaction that arises from everyday experiences.

1. spiritual

2. money
3. real
4. quality

Correct Option - 1

Que. 107 _____ is essentially a formulation of an action plan based on available opportunities.

1. planning
2. accepting
3. working
4. choosing

Correct Option - 1

Que. 108 The _____ standard is not widely accepted by the community.

1. traditional
2. both (A) and (D)
3. neither (A) nor (D)
4. variable

Correct Option - 4

Que. 109 A child's education is an example of _____ decisions.

1. result
2. group
3. person
4. technique

Correct Option - 3

Que. 110 "Simplification of a task can be defined as the conscious finding of the simplest, easiest and quickest way to do a task." Who said this?

1. Nickel and Dorsey
2. Gross and Crandall
3. Varghese, Ogel
4. Elizabeth Harlock

Correct Option - 1

Que. 111 Carrying three main body weights in a straight line –this principle applies to _____.

1. change in body position
2. change in production order
3. change in finished product
4. change in raw material

Correct Option - 1

Que. 112 The service of a gardener is wages while that of a bank manager is:

1. award
2. loan

3. salary
4. bonus

Correct Option - 3

Que. 113 Critical requirements can be ignored in _____ planning.

1. mental
2. written
3. semi-written
4. none

Correct Option - 1

Que. 114 According to _____ the habitat of man is much more than protection from external elements.

1. Gross and Crandall
2. Bear
3. Agan Tesik
4. Neeru Garg

Correct Option - 2

Que. 115 _____ bulbs are used in table lamps.

1. incandescent
2. fluorescence
3. tube
4. table

Correct Option - 1

Que. 116 _____ denotes the name of the colour.

1. light
2. colour
3. value
4. depth

Correct Option - 2

Que. 117 "The purpose of flower arrangements is to fill happiness, life and beauty all around." Who said this?

1. A. H. Rat
2. Raheena Begum
3. Srilakshmi
4. Sumati Mudambi

Correct Option - 1

Que. 118 The menu for a buffet should be such that the guest can eat it with _____.

1. simple form
2. simplicity
3. difficulty

4. ambition

Correct Option - 2

Que. 119 From the eighth week till birth, the embryo is called _____.

1. fetus
2. embryo
3. zygote
4. egg

Correct Option - 1

Que. 120 The study of food on function in the body is defined as _____.

1. science
2. food science
3. diet
4. nutrition

Correct Option - 4

Que. 121 100 ml of human milk contains _____ grams of proteins.

1. 1.1
2. 1.2
3. 1.3
4. 1.4

Correct Option - 2

Que. 122 Irregular bowel emptying or non-vacancy is called _____.

1. diarrhea
2. dysentery
3. constipation
4. none

Correct Option - 3

Que. 123 The reaction of tissues to a specific substance is called _____.

1. eczema
2. allergy
3. fits
4. tetanus

Correct Option - 2

Que. 124 _____ develops the physical, emotional and intellectual potential of a child.

1. play
2. eat
3. shout
4. taking supplements

Correct Option - 1

Que. 125 Kashmir Embroidery is called _____.

1. herringbone
2. pashmina
3. farida
4. embracery

Correct Option - 4

