

# GOVERNMENT OF INDIA MINISTRY OF SKILL DEVELOPMENT & ENTREPRENEURSHIP DIRECTORATE GENERAL OF TRAINING

#### **COMPETENCY BASED CURRICULUM**

## **FOOD BEVERAGE**

(Duration: One Year) Revised in July

# CRAFTSMEN TRAINING SCHEME (CTS) NSQF LEVEL- 3



## **SECTOR –FOOD INDUSTRY**



## **FOOD BEVERAGE**

(Non-Engineering Trade)

(Revised in July 2022)

Version: 2.0

## **CRAFTSMEN TRAINING SCHEME (CTS)**

**NSQF LEVEL - 3** 

**Developed By** 

Ministry of Skill Development and Entrepreneurship

**Directorate General of Training** 

#### **CENTRAL STAFF TRAINING AND RESEARCH INSTITUTE**

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During the one-year duration of 'Food Beverage' trade, a candidate is trained on Professional Skill, Professional Knowledge and Employability Skill related to the job role. In addition to this, a candidate is entrusted to undertake project work, extracurricular activities and on-the-job training to build up confidence. The broad components covered under Professional Skill subject are as below:

The trainee is trained to prepare fruit juices with juice extracting/ pulping machines with safety precautions and preserve fruit juices with addition of preservatives and determine the acidity and TSS content; prepare and pack various type of flavoured milk by using appropriate machines/tools such as homogenizer, autoclave, bottle washer, liquid/bottle filling machine & corking machine with safety precautions and determine the quality of flavoured milk. The trainees also learn to prepare mineral water by using appropriate machines such as mini water plant and explain quality standards (BIS) of water and water treatment process; explain various types of packaging material used in packaging of food beverages products and storage; prepare and pack synthetic beverages such as soft drink by using appropriate machines such as, carbonation machines, autoclave, bottle washer, liquid/bottle filling machine and corking machine with safety precautions, determine the acidity, TSS content, pH value and Sensory evaluation.

The trainee also learns to prepare and pack fermented beverages such as vinegar, fermented juices and lassi by using appropriate machines/ tools such as, fermenter, seed germinator, vinegar generator, autoclave, bottle washer, required fermentation agents, liquid/ bottle filling machine, Chemical solutions and corking machine with safety precautions. He determines the acidity, TSS content, pH value and Sensory evaluation. The Trainee practices to prepare and pack fermented beverages such as whiskey, beer, wine, rum and brandy by using appropriate machines/tools such as, fermenter, seed germinator, autoclave, bottle washer, required fermentation agents, liquid/bottle filling machine, Chemical solutions and corking machine with safety precautions and determines the alcohol content, acidity, TSS content, pH value and Sensory evaluation; explain food safety standards and beverage industry waste utilization.



#### 2.1 GENERAL

The Directorate General of Training (DGT) under Ministry of Skill Development & Entrepreneurship offers a range of vocational training courses catering to the need of different sectors of economy/ Labour market. The vocational training programmes are delivered under the aegis of Directorate General of Training (DGT). Craftsman Training Scheme (CTS) with variants and Apprenticeship Training Scheme (ATS) are two pioneer schemes of DGT for strengthening vocational training.

Food Beverage trade under CTS is one of the popular courses delivered nationwide through a network of ITIs. The course is of one year duration. It mainly consists of Domain area and Core area. The Domain area (Trade Theory & Practical) imparts professional skills and knowledge, while the core area (Employability Skill) imparts requisite core skills, knowledge, and life skills. After passing out the training program, the trainee is awarded National Trade Certificate (NTC) by DGT which is recognized worldwide.

#### Candidates broadly need to demonstrate that they are able to:

- Read and interpret parameters/documents, plan and organize work processes, identify necessary materials and tools;
- Perform tasks with due consideration to safety rules, accident prevention regulations and environmental protection stipulations;
- Apply professional skill, knowledge & employability skills while performing jobs.
- Document the parameters related to the task undertaken.

#### 2.2 PROGRESSION PATHWAYS

- Can join industry as Technician and will progress further as Senior Technician, Supervisor and can rise up to the level of Manager.
- Can become Entrepreneur in the related field.
- Can join Apprenticeship programs in different types of industries leading to a National Apprenticeship certificate (NAC).
- Can join Crafts Instructor Training Scheme (CITS) in the trade for becoming instructor in ITIs.
- Can join Advanced Diploma (Vocational) courses under DGT as applicable.



#### 2.3 COURSE STRUCTURE

Table below depicts the distribution of training hours across various course elements during a period of one year: -

S No.	Course Element	Notional Training Hours
1.	Professional Skill (Trade Practical)	840
2.	Professional Knowledge (Trade Theory)	240
3.	Employability Skills	120
	Total	1200

Every year 150 hours of mandatory OJT (On the Job Training) at nearby industry, wherever not available then group project is mandatory.

4	On the Job Training (OJT) / Group Project	150
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Trainees of one-year or two-year trade can also opt for optional courses of up to 240 hours in each year for 10th/ 12th class certificate along with ITI certification, or, add on short term courses.

#### 2.4 ASSESSMENT & CERTIFICATION

The trainee will be tested for his skill, knowledge and attitude during the period of course through formative assessment and at the end of the training programme through summative assessment as notified by the DGT from time to time.

- a) The **Continuous Assessment** (Internal) during the period of training will be done by **Formative Assessment Method** by testing for assessment criteria listed against learning outcomes. The training institute has to maintain an individual trainee portfolio as detailed in assessment guideline. The marks of internal assessment will be as per the formative assessment template provided on <a href="https://www.bharatskills.gov.in">www.bharatskills.gov.in</a>
- b) The final assessment will be in the form of summative assessment method. The All India Trade Test for awarding NTC will be conducted by Controller of examinations, DGT as per the guidelines. The pattern and marking structure is being notified by DGT from time to time. The learning outcome and assessment criteria will be the basis for setting question papers for final assessment. The examiner during final examination will also check the individual trainee's profile as detailed in assessment guideline before giving marks for practical examination.

#### 2.4.1 PASS REGULATION



For the purposes of determining the overall result, weightage of 100% is applied for six months and one year duration courses and 50% weightage is applied to each examination for two years courses. The minimum pass percent for Trade Practical and Formative assessment is 60% & for all other subjects is 33%.

#### **2.4.2 ASSESSMENT GUIDELINE**

Appropriate arrangements should be made to ensure that there will be no artificial barriers to assessment. The nature of special needs should be taken into account while undertaking the assessment. Due consideration should be given while assessing for teamwork, avoidance/reduction of scrap/wastage and disposal of scrap/waste as per procedure, behavioral attitude, sensitivity to the environment and regularity in training. The sensitivity towards OSHE and self-learning attitude are to be considered while assessing competency.

Assessment will be evidence based comprising some of the following:

- Job carried out in labs/workshop
- Record book/ daily diary
- Answer sheet of assessment
- Viva-voce
- Progress chart
- Attendance and punctuality
- Assignment
- Project work
- Computer based multiple choice question examination
- Practical Examination

Evidences and records of internal (Formative) assessments are to be preserved until forthcoming examination for audit and verification by examining body. The following marking pattern to be adopted for formative assessment:

Performance Level	Evidence
(a) Marks in the range of 60%-75% to be allotte	ed during assessment
For performance in this grade, the candidate should produce work which demonstrates attainment of an acceptable standard of craftsmanship with occasional guidance, and due regard for safety procedures and practices	consistency to accomplish job activities.



#### (b) Marks in the range of 75%-90% to be allotted during assessment

For this grade, a candidate should produce work which demonstrates attainment of a reasonable standard of craftsmanship, with little guidance, and regard for safety procedures and practices

- Good skill levels and accuracy in the field of work/ assignments.
- A good level of neatness and consistency to accomplish job activities.
- Little support in completing the task/job.

#### (c) Marks in the range of more than 90% to be allotted during assessment

For performance in this grade, the candidate, with minimal or no support in organization and execution and with due regard for safety procedures and practices, has produced work which demonstrates attainment of a high standard of craftsmanship.

- High skill levels and accuracy in the field of work/ assignments.
- A high level of neatness and consistency to accomplish job activities.
- Minimal or no support in completing the task/job.



Chemist, Food: Chemist, Food conducts research and analysis concerning chemistry of foods to develop and improve food and beverages. Experiments with natural and synthetic materials or by-products to develop new foods, additives, preservatives, anti-adulteration agents, and related products. Studies effects of various methods of processing, preservation, and packaging on composition and properties of food, such as color, texture, aroma, taste, shelf life, and nutritive content. Tests food and beverage samples, such as starch, sugar, cereals, beer, canned and dehydrated food products, meats, vegetables, dairy foods, and other products to ensure compliance with food laws, and standards of quality and purity. May perform, or supervise workers performing, quality control tests in food processing, canning, freezing, brewing or distilling.

**Food and Beverage Tasters and Graders, Other:** Food and Beverages Tasters and Graders, Other include workers who inspect, taste and grade various types of agricultural products, food and beverages not elsewhere classified.

#### Laboratory Assistant, Food and Beverages/Chemist/Analytical Supervisor/Lab Chemist:

Laboratory Assistant, Food and Beverages sets equipment and apparatus and conducts routine test of food, drinks and other edible in laboratory to determine their properties, nutritional value, alcoholic contents etc. and to ensure that they conform to prescribed standards or have not been adulterated. Sets and operates required apparatus such as heaters, hydrometers, thermostats, vacuum pumps etc. depending on nature of test and type of material to be tested such as edibles, butter, milk, cold drinks etc. Performs routine tests of food, beverages, drinks and edibles by chemical processes for determining melting points, specific gravity, boiling point, reaction with chemicals and other factors as directed by Chemists or Food Technologist to find their properties, nutritional value, alcoholic contents etc. Ensures that food and beverages tested conform to prescribed standards, as stated on labels. Reports cases of adulteration, fermentation, putrefaction etc. to senior officers. Washes and cleans apparatus, keeps them in safe custody and maintains records as necessary. Keeps laboratory clean and tidy. May prepare standard solution regents and other testing media.

#### **Reference NCO-2015:**

- a) 2131.1400 Chemist, Food
- b) 7515.9900 Food and Beverage Tasters and Graders, Other
- c) 3116.0200 Laboratory Assistant, Food and Beverages/Chemist/Analytical Supervisor/Lab Chemist

#### Reference NOS:

- a) FIC/N0103
- b) FIC/N2003
- c) FIC/N7003
- d) FIC/N2002
- e) FIC/N9001



Name of the Tuesda	FOOD DELVEDAGE	
Name of the Trade	FOOD BEVERAGE	
Trade Code	DGT/1069	
NCO - 2015	2131.1400; 7515.9900; 3116.0200	
NOS Covered	FIC/N0103, FIC/N2003, FIC/N7003, FIC/N2002, FIC/N9001	
NSQF Level	Level 3	
Duration of Craftsmen Training	One Year (1200 Hours+150 hours OJT/Group Project)	
Entry Qualification	Passed 10th class examination with Science and Mathematics or with vocational subject in same sector or its equivalent.	
Minimum Age	14 years as on first day of academic session.	
Eligibility for PwD	LD, CP LC, DW, AA, LV, HH, DEAF, AUTISM, SLD, ID	
Unit Strength (No. of Student)	24(There is no separate provision of supernumerary seats)	
Space Norms	96 Sq. m	
Power Norms 6 KW		
Instructors Qualification fo	or:	
(i) Food Beverage Trade	B.Voc/Degree in Food Technology from UGC recognized university/college with one year experience in relevant industry.  OR  Diploma (Minimum 2 Years) in Food Technology form recognized board of education or relevant Advanced Diploma (Vocational) from DGT with two years' experience in relevant industry.  OR	
	NTC/NAC passed in the trade of "Food Beverage" with three years experience in relevant field.	
	Essential Qualification: Relevant Regular / RPL variants of National Craft Instructor Certificate (NCIC) under DGT.	
	Note:-Out of two Instructors required for the unit of 2(1+1), one must have Diploma, and other must have NTC/NAC qualifications.  However, both of them must possess NCIC in any of its variants.	
(ii) Employability Skill	MBA/ BBA / Any Graduate/ Diploma in any discipline with Two years'	



	experience with short term ToT Course in Employability Skills.  (Must have studied English/ Communication Skills and Basic Computer at 12th / Diploma level and above)  OR		
	Existing Social Studies Instructors in ITIs with short term ToT Course in Employability Skills.		
(iii) Minimum Age for Instructor	21 Years		
List of Tools and Equipment	As per Annexure – I		



Learning outcomes are a reflection of total competencies of a trainee and assessment will be carried out as per the assessment criteria.

#### **5.1LEARNING OUTCOMES (TRADE SPECIFIC)**

- Prepare fruit juices with juice extracting/ pulping machines with safety precautions and preserve fruit juices with addition of preservatives and determine the acidity and TSS content following safety precautions. (NOS: FIC/N0103)
- 2. Prepare and pack various type of flavoured milk by using appropriate machines/tools such as homogenizer, autoclave, bottle washer, liquid/bottle filling machine and corking machine with safety precautions, determine the quality of flavoured milk.(NOS: FIC/N2003)
- 3. Prepare mineral water by using appropriate machines such as mini water plant and explain quality standards (BIS) of water and water treatment process.(NOS:FIC/N9403)
- 4. Explain various types of packaging material used in packaging of food beverages products and storage.(NOS:FIC/N7003)
- 5. Prepare and pack synthetic beverages such as soft drink by using appropriate machines such as, carbonation machines, autoclave, bottle washer, liquid/bottle filling machine and corking machine with safety precautions, determine the acidity, TSS content, pH value and Sensory evaluation. (NOS:FIC/N9404)
- 6. Prepare and pack fermented beverages such as vinegar, fermented juices and lassi by using appropriate machines/ tools. (NOS:FIC/N2003)
- 7. such as, Fermenter, seed germinator, vinegar generator, autoclave, bottle washer, required fermentation agents, liquid/ bottle filling machine, Chemical solutions and corking machine with safety precautions, determine the acidity, TSS content, pH value and Sensory evaluation.(NOS:FIC/N2003)
- 8. Prepare and pack fermented beverages such as whiskey, beer, wine, rum and brandy by using appropriate machines/tools such as, Fermenter, seed germinator, autoclave, bottle washer, required fermentation agents, liquid/bottle filling machine, Chemical solutions and corking machine with safety precautions, determine the alcohol content, acidity, TSS content, pH value and Sensory evaluation. (NOS:FIC/N2002)
- 9. Explain food safety standards and beverage industry waste utilization.(NOS:FIC/N9001)



## **6. ASSESSMENT CRITERIA**

	LEARNING OUTCOMES	ASSESSMENT CRITERIA	
1. Prepare fruit juices with		th Maintain the perfect hygiene standard	
	juice extracting/pulping	Select perfect fruits and other ingredients	
	machines with safe	ty Prepare fruits for juice	
	precautions and preserv	wash fruits.	
	fruit juices with addition	of Prepare fruits juice	
	•	Measure juice	
	determine the acidity ar	Determine 199	
	TSS content following	Determine acidity	
	safety precautions.	Perform calculation	
	(NOS: FIC/N0103)	Fill the preserved fruit juices in sterilized bottles	
		Cork and crown the bottles	
		Sterilize the bottles	
		Label the bottles	
		Maintain safety	
2.	Prepare and pack	Maintain perfect hygiene standard.	
	various type of	Describe the nutritional & energy values and quality standards of	
flavoured milk by using fla		flavoured milk.	
	appropriate	Select ingredients and machines.	
	machines/tools such as	Prepare flavoured milk.	
	homogenizer,	Check the quality such TSS, pH, Acidity.	
	autoclave, bottle	Fill beverage into sterilized bottles.	
	washer, liquid/bottle	Cork and crown the bottles.	
	filling machine and	Label the bottle.	
	corking machine with	Wantan Salety.	
	safety precautions,		
	determine the quality		
	of flavoured milk.		
	(NOS: FIC/N2003)		
3.	Prepare mineral water	Maintain perfect hygiene standard	
٥.	using appropria	, , , , , , , , , , , , , , , , , , , ,	
	appropria	Describe standard of water and types of water naturess.	



	machines such as mini water plant and explain quality standards (BIS) of water and water treatment process. (NOS:FIC/N9403)	Describe temporary water treatment process.  Explain types of water treatment like R.O., U.V. treatment.  Explain production of mineral water.  Production of mineral water.  Maintain safety
4.	Explain various types of packaging material used in packaging of food beverages products and storage.  (NOS:FIC/N7003)	Explain types of packaging material like glass container, tin container, PET bottle, plastic pouches, tetra pack and brick packs. Functions of packaging materials. Explain merits and demerits of various types packaging material. Storage condition of packed products.
5.	Prepare and pack synthetic beverages such as soft drink by using appropriate machines such as, carbonation machines, autoclave, bottle washer, liquid/bottle filling machine and corking machine with safety precautions, determine the acidity, TSS content, pH value and sensory evaluation.  (NOS:FIC/N9404)	Explain manufacturing process of soft drink.  Maintain perfect hygiene standard.  Select ingredients and machines.  Prepare soft drinks by using machines.  Check the quality such TSS, pH, Acidity.  Sensory evaluation  Fill beverage into sterilized bottles  Add carbon dioxide  Cork and crown the bottles  Label the bottle  Maintain safety
6.	Prepare and pack fermented beverages such as vinegar, fermented juices and lassi by using appropriate machines/ tools such as, Fermenter, seed germinator, vinegar	Explain principle of fermentation and process of fermentation.  Explain manufacturing process of vinegar.  Maintain perfect hygiene standard  Select ingredients and machines  Prepare vinegar and fermented juices by using machines  Check the quality such TSS, pH, Acidity  Sensory evaluation



	generator, autoclave,	Fill beverage into sterilized bottles
	bottle washer, required	cork and crown the bottles
	fermentation agents,	Label the bottle
	liquid/ bottle filling machine, Chemical solutions and corking machine with safety precautions, determine	Maintain safety
	the acidity, TSS content,	
	pH value and Sensory	
	evaluation.	
	(NOS:FIC/N2003)	
7	Duanana and made	Evaluin principle of form outsting and process of form outsting
7.	Prepare and pack	· · · · ·
	fermented beverages such	Explain manufacturing process of beer, whiskey, wine, rum and
	as whiskey, beer, wine,	brandy.
	rum and brandy by using	Maintain perfect hygiene standard
	appropriate	Select ingredients and machines
	machines/tools such as, Fermenter, seed	Prepare whiskey, beer, wine, rum and brandy by using machines.
	germinator, autoclave,	Check the quality such alcohol content , TSS, pH, Acidity and
	bottle washer, required	Sensory evaluation
	fermentation agents,	Fill beverage into sterilized bottles
	liquid/bottle filling	cork and crown the bottles
	machine, Chemical	Label the bottle
	solutions and corking	Maintain safety
	machine with safety	
	precautions, determine	
	the alcohol content,	
	acidity, TSS content, pH	
	value and Sensory	
	evaluation.	
	(NOS:FIC/N2002)	
8.	Explain food safety	State food safety and standard Act 2006 BIS, ISO-22000, HACCP,
	standards and beverage	International food standards.
industry waste utilization. (NOS:FIC/N9001)		State Personal Hygiene, cleaning and sanitary standards of
		beverages industry.
		State utilization of food beverage industry waste



## 7. TRADE SYLLABUS

SYLLABUS FORFOOD BEVERAGE TRADE			
DURATION: ONE YEAR			
Duration	Reference Learning Outcome	Professional Skills (Trade Practical) With Indicative Hours	Professional Knowledge (Trade Theory)
Professional	Prepare fruit juices	1. Study of the different food	Introduction to different food
Skill 225Hrs.;	with juice extracting/	beverages available in the	beverage
	pulping machines	Market. (30hrs)	Types of beverages.
Professional	with safety		Need of particular beverage.
Knowledge	precautions and		Classification of food
72 Hrs	preserve fruit juices		beverages.
	with addition of		• Raw materials used for
	preservatives and		beverages.
	determine the acidity		PFA-standards for food
	and TSS content		beverages.
	following safety		• Food additives used in
	precautions.		different beverages.
	(Mapped		• Quality of water for
	NOS:FIC/N0103)		beverages.
			(18 Hrs)
		2. Operate all equipment	Primary processing machinery:
		safely. (35hrs)	Principle and working of
		3. Identify and removal of	
		faults in machines. (35hrs)	extractor, pulper, fermenter,
			vinegar generator, crown
			corking machine, bottle filling
			machine, Soda water
			machine, basket press, filter
			press, Maintenance of
			machines safety. (18 Hrs)



4. Extraction of juice from different fruits. (20hrs) 5. Preservation of fruits juices with addition of preservative. (20hrs)  5. Preservative. (20hrs)  6. Material calculation of Fruit Beverages as per FPO Specification. (25hrs) 7. Preparation of common fruit beverages available in the region such as squashes, crushes, cordial, syrups, nectars, R.T.S. beverages. (30hrs) 8. Determination of Acids in fruits beverages. (15hrs) 9. Determination of TSS with Hand refractometer in fruit Beverage. (15hrs) 9. Determination of SS with Hand refractometer in fruits Beverage, (15hrs) 9. Determination of TSS with Hand refractometer in fruits Beverage, (15hrs) 9. Determination of TSS with Hand refractometer in fruits beverages. 9. Introduction to different fruits juice extraction. 9. Principle and preparation process in Principle and preparation in different fruits juice extraction. 9. Principle and preparation principle and preparation principle and preparation properties.	T	
5. Preservation of fruits juice with addition of preservative. (20hrs)  Preparation process flow charts of juice extraction from various fruits.  Preservative: Definition of Preservatives. Types of preservatives. Types of preservatives. Unimits of usage of preservatives. Types of preservatives. Type of non alcoholic beverages. Preparation process and latest development.  Machinery and equipment for non alcoholic beverages. Process variable and their control.  Nutritional and energy values Truit Beverages. Introduction to different fruits juices. Raw materials used in fruit beverages, and their properties. Machinery involved in different fruits juice extraction.	-	
fruits juice extraction  Preparation process flow charts of juice extraction from various fruits.  Preservative:  Definition of Preservatives.  Types of preservatives.  Types of preservatives commonly used in food industry.  Limits of usage of preservatives (12 Hrs)  Mon Alcoholic Beverages (TEA COFFEE):  Specification. (25hrs)  Preparation of common fruit beverages available in the region such as squashes, crushes, cordial, syrups, nectars, R.T.S. beverages.  (30hrs)  Determination of Acids in fruits beverages. (15hrs)  Determination of TSS with Hand refractometer in fruit Beverages. (15hrs)  Determination of TSS with Hand refractometer in fruit Beverages.  (15hrs)  Fruit Beverages  Introduction to different fruits juices.  Raw materials used in fruit beverages, and their properties.  Machinery involved in different fruits juice extraction.  Principle and preparation	5. Preservation of fruits juices	·
Preparation process flow charts of juice extraction from various fruits.  Preservative: Definition of Preservatives. Types of preservatives commonly used in food industry. Limits of usage of preservatives.(12 Hrs)  6. Material calculation of Fruit Beverages as per FPO Specification. (25hrs) 7. Preparation of common fruit beverages available in the region such as squashes, crushes, cordial, syrups, nectars, R.T.S. beverages. (30hrs) 8. Determination of Acids in fruits beverages. (15hrs) 9. Determination of TSS with Hand refractometer in fruit Beverage. (15hrs)  Pruit Beverages Introduction to different fruits juices. Raw materials used in fruit beverages, and their properties. Machinery involved in different fruits juice extraction. Principle and preparation	with addition of	machinery used in different
charts of juice extraction from various fruits.  Preservative:  Definition of Preservatives. Types of preservatives commonly used in food industry. Limits of usage of preservatives. Limits of usage of preservatives. Types of preservatives commonly used in food industry. Limits of usage of preservatives. COFFEE): Type of non alcoholic Beverages (TEA COFFEE): Type of non alcoholic beverage. Preparation process and latest development. Squashes, crushes, cordial, syrups, nectars, R.T.S. beverages. (30hrs) Determination of Acids in fruits beverages. (15hrs) Determination of TSS with Hand refractometer in fruit Beverage. (15hrs)  Fruit Beverages Introduction to different fruits juices. Raw materials used in fruit beverages, and their properties. Machinery involved in different fruits juice extraction. Principle and preparation	preservative. (20hrs)	fruits juice extraction
from various fruits.  Preservative:  Definition of Preservatives.  Types of preservatives commonly used in food industry. Limits of usage of preservatives.  Mon Alcoholic Beverages (TEA COFFEE):  Type of non alcoholic beverages (TEA COFFEE):  Type of non alcoholic beverages.  Preparation of common fruit beverages available in the region such as squashes, crushes, cordial, syrups, nectars, R.T.S. beverages.  (30hrs)  Determination of Acids in fruits beverages. (15hrs)  Determination of TSS with Hand refractometer in fruit Beverage. (15hrs)  Truits Beverages.  Introduction to different fruits juices. Raw materials used in fruit beverages, and their properties.  Machinery involved in different fruits juice extraction. Principle and preparation		· ·
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Types of preservatives commonly used in food industry.     Limits of usage of preservatives.(12 Hrs)      Severages as per FPO Specification. (25hrs)     Preparation of common fruit beverages available in the region such as squashes, crushes, cordial, syrups, nectars, beverages. (30hrs)     Determination of Acids in fruits beverages. (15hrs)      Determination of TSS with Hand refractometer in fruit Beverage. (15hrs)  Fruit Beverages     Introduction to different fruits juices.  Raw materials used in fruit beverages, and their properties.  Machinery involved in different fruits juice extraction.  Principle and preparation		
commonly used in food industry.  Limits of usage of preservatives.(12 Hrs)  6. Material calculation of Fruit Beverages as per FPO Specification. (25hrs)  7. Preparation of common fruit beverages available in the region such as squashes, crushes, cordial, syrups, nectars, R.T.S. beverages. (30hrs)  8. Determination of Acids in fruits beverages. (15hrs)  9. Determination of TSS with Hand refractometer in fruit Beverage. (15hrs)  Fruit Beverages  Introduction to different fruits juices.  Raw materials used in fruit beverages, and their properties.  Machinery involved in different fruits juice extraction.  Principle and preparation		
industry.  Limits of usage of preservatives.(12 Hrs)  6. Material calculation of Fruit Beverages as per FPO Specification. (25hrs)  7. Preparation of common fruit beverages available in the region such as squashes, crushes, cordial, syrups, nectars, R.T.S. beverages. (30hrs)  8. Determination of Acids in fruits beverages. (15hrs)  9. Determination of TSS with Hand refractometer in fruit Beverage. (15hrs)  Fruit Beverages  Introduction to different fruits juices.  Raw materials used in fruit beverages, and their properties.  Machinery involved in different fruits juice extraction.  Principle and preparation		
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6. Material calculation of Fruit Beverages as per FPO Specification. (25hrs) 7. Preparation of common fruit beverages available in the region such as squashes, crushes, cordial, syrups, nectars, R.T.S. beverages. (30hrs) 8. Determination of Acids in fruits beverages. (15hrs) 9. Determination of TSS with Hand refractometer in fruit Beverage. (15hrs)  7. Preparation of common fruit beverages. (30hrs) 8. Determination of Acids in fruits beverages. (15hrs) 9. Determination of TSS with Hand refractometer in fruit Beverage. (15hrs)  8. Raw materials used in fruit beverages, and their properties.  9. Machinery involved in different fruits juice extraction. 9. Principle and preparation		• Limits of usage of
Beverages as per FPO Specification. (25hrs)  7. Preparation of common fruit beverages available in the region such as squashes, crushes, cordial, syrups, nectars, R.T.S. beverages. (30hrs)  8. Determination of Acids in fruits beverages. (15hrs)  9. Determination of TSS with Hand refractometer in fruit Beverage. (15hrs)  Fruit Beverages  Introduction to different fruits juices.  Raw materials used in fruit beverages, and their properties.  Machinery and equipment for non alcoholic beverages.  Process variable and their control.  Nutritional and energy values  Fruit Beverages  Introduction to different fruits juices.  Raw materials used in fruit beverages, and their properties.  Machinery involved in different fruits juice extraction.  Principle and preparation		preservatives.(12 Hrs)
Specification. (25hrs)  7. Preparation of common fruit beverages available in the region such as squashes, crushes, cordial, syrups, nectars, R.T.S. beverages. (30hrs)  8. Determination of Acids in fruits beverages. (15hrs)  9. Determination of TSS with Hand refractometer in fruit Beverage. (15hrs)  Fruit Beverages  Introduction to different fruits juices.  Raw materials used in fruit beverages, and their properties.  Machinery involved in different fruits juice extraction.  Principle and preparation	6. Material calculation of Fruit	Non Alcoholic Beverages (TEA
7. Preparation of common fruit beverages available in the region such as squashes, crushes, cordial, syrups, nectars, R.T.S. beverages. (30hrs)  8. Determination of Acids in fruits beverages. (15hrs)  9. Determination of TSS with Hand refractometer in fruit Beverage. (15hrs)  Fruit Beverages  Introduction to different fruits juices.  Raw materials used in fruit beverages, and their properties.  Machinery involved in different fruits juice extraction.  Principle and preparation	Beverages as per FPO	COFFEE):
fruit beverages available in the region such as squashes, crushes, cordial, syrups, nectars, R.T.S. beverages. (30hrs)  8. Determination of Acids in fruits beverages. (15hrs)  9. Determination of TSS with Hand refractometer in fruit Beverage. (15hrs)  Fruit Beverages  Introduction to different fruits juices.  Raw materials used in fruit beverages, and their properties.  Machinery and equipment for non alcoholic beverages.  Process variable and their control.  Nutritional and energy values  Fruit Beverages  Introduction to different fruits juices.  Raw materials used in fruit beverages, and their properties.  Machinery involved in different fruits juice extraction.  Principle and preparation	, , ,	• Type of non alcoholic
the region such as squashes, crushes, cordial, syrups, nectars, R.T.S. beverages. (30hrs)  8. Determination of Acids in fruits beverages. (15hrs)  9. Determination of TSS with Hand refractometer in fruit Beverage. (15hrs)  Fruit Beverages  Introduction to different fruits juices.  Raw materials used in fruit beverages, and their properties.  Machinery involved in different fruits juice extraction.  Principle and preparation	·	_
squashes, crushes, cordial, syrups, nectars, R.T.S. beverages. (30hrs)  8. Determination of Acids in fruits beverages. (15hrs)  9. Determination of TSS with Hand refractometer in fruit Beverage. (15hrs)  Fruit Beverages  Introduction to different fruits juices.  Raw materials used in fruit beverages, and their properties.  Machinery and equipment for non alcoholic beverages.  Process variable and their control.  Nutritional and energy values  Fruit Beverages  Introduction to different fruits juices.  Raw materials used in fruit beverages, and their properties.  Machinery involved in different fruits juice extraction.  Principle and preparation	_	
syrups, nectars, R.T.S. beverages. (30hrs)  8. Determination of Acids in fruits beverages. (15hrs)  9. Determination of TSS with Hand refractometer in fruit Beverage. (15hrs)  Fruit Beverages  Introduction to different fruits juices.  Raw materials used in fruit beverages, and their properties.  Machinery involved in different fruits juice extraction.  Principle and preparation		•
beverages. (30hrs)  8. Determination of Acids in fruits beverages. (15hrs)  9. Determination of TSS with Hand refractometer in fruit Beverage. (15hrs)  Fruit Beverages  Introduction to different fruits juices.  Raw materials used in fruit beverages, and their properties.  Machinery involved in different fruits juice extraction.  Principle and preparation	syrups, nectars, R.T.S.	
8. Determination of Acids in fruits beverages. (15hrs)  9. Determination of TSS with Hand refractometer in fruit Beverage. (15hrs)  Fruit Beverages  Introduction to different fruits juices.  Raw materials used in fruit beverages, and their properties.  Machinery involved in different fruits juice extraction.  Principle and preparation	beverages.	
fruits beverages. (15hrs)  9. Determination of TSS with Hand refractometer in fruit Beverage. (15hrs)  Fruit Beverages  Introduction to different fruits juices.  Raw materials used in fruit beverages, and their properties.  Machinery involved in different fruits juice extraction.  Principle and preparation	(30hrs)	control.
9. Determination of TSS with Hand refractometer in fruit Beverage. (15hrs)  Fruit Beverages  Introduction to different fruits juices.  Raw materials used in fruit beverages, and their properties.  Machinery involved in different fruits juice extraction.  Principle and preparation		Nutritional and energy values
Hand refractometer in fruit Beverage. (15hrs)  • Introduction to different fruits juices. • Raw materials used in fruit beverages, and their properties. • Machinery involved in different fruits juice extraction. • Principle and preparation	• , ,	
Beverage. (15hrs)  Beverage. (15hrs)  Raw materials used in fruit beverages, and their properties.  Machinery involved in different fruits juice extraction.  Principle and preparation		Fruit Beverages
<ul> <li>Raw materials used in fruit beverages, and their properties.</li> <li>Machinery involved in different fruits juice extraction.</li> <li>Principle and preparation</li> </ul>		
beverages, and their properties.  • Machinery involved in different fruits juice extraction.  • Principle and preparation	Beverage. (15nrs)	
properties.  • Machinery involved in different fruits juice extraction.  • Principle and preparation		
<ul> <li>Machinery involved in different fruits juice extraction.</li> <li>Principle and preparation</li> </ul>		
different fruits juice extraction.  • Principle and preparation		
extraction.  • Principle and preparation		•
		Principle and preparation



Professional Skill 45Hrs.; Professional Knowledge 12 Hrs.	Prepare and pack various type of flavoured milk by using appropriate machines/tools such as homogenizer, autoclave, bottle washer, liquid/bottle filling machine and corking machine with safety precautions, determine the quality of flavoured milk. (Mapped	<ul> <li>10. Preparation of various flavoured milk beverages. (20hrs)</li> <li>11. Packaging, labelling and storage of flavoured milk. (15hrs)</li> <li>12. Quality of Flavoured milk. (10 hrs)</li> </ul>	<ul> <li>(RTS), Squash, fruit juice, nectar, concentrate, syrup, cordial, Process of manufacture.</li> <li>Quality control in beverage industry.</li> <li>FPO standards for fruit beverages.(24 Hrs)</li> <li>Flavoured milk Beverages:</li> <li>Raw materials used in flavoured milk beverages, and their properties.</li> <li>Nutritional and energy values.</li> <li>Process of manufacture</li> <li>Quality control(12 Hrs)</li> </ul>
Professional	NOS:FIC/N2003)  Prepare mineral	13. General purification	Package drinking water :
Skill 130 Hrs;	water by using	techniques. (20hrs)	Principle and method for
	appropriate machines	14. Production of mineral	production of mineral water.
Professional	such as mini water	water from mini water	• Quality standard (BIS) of
Knowledge	plant and explain	treatment plant. (20hrs)	water. Different types of
36 Hrs	quality standards (BIS)	15. Quality of packaged water.	water.
	of water and water	(10 hrs)	(12 Hrs)
	treatment process. (NOS:FIC/N9403)	16. Production of soda	Soda water:
	(1103.116/113403)	water.(20 hrs) 17. Packaging, labelling and	<ul> <li>Principle and Method of soda water production.</li> </ul>
		storage of soda	•
		water.(20hrs)	water, and their properties.
		, ,	Quality standards for soda
			water.(12 Hrs)
		18. Preparation of malt syrup,	Miscellaneous Beverage :



Professional Skill 30 Hrs; Professional Knowledge 12 Hrs	Explain various types of packaging material used in packaging of food beverages products and storage. (Mapped NOS:FIC/N7003)	badam, pista, herbal, concentrates, rose syrup. (40hrs)  19. Practical demonstration of bottle filling machine. (30hrs)	containers like Glass, Tin- merits and demerits of each- scope for new types of containers/ packaging materials, such as plastic pouches, brick packs, tetra pack, PET bottle and	
Professional Skill 140 Hrs;  Professional Knowledge 42 Hrs	Prepare and pack synthetic beverages such as soft drink by using appropriate machines such as, carbonation machines, autoclave, bottle washer, liquid/bottle filling machine and corking machine with safety precautions, determine the acidity, TSS content, pH value and Sensory evaluation.  (NOS:FIC/N9404)	20. Study of the different carbonated and non carbonated, alcoholic and non alcoholic, fermented and unfermented beverages available in the market. (30 hrs)  21. Selection of ingredients for soft drink production (30hrs)  22. Preparation of different soft drinks. (30hrs)  23. Packaging of the soft drinks (PET Bottling, canning) (30 hrs)  24. Quality testing in soft drinks. (20 hrs)	pack, PET bottle and cartons.(12 Hrs)  Food beverage  Importance of food beverages for entrepreneurship.  Scope of food beverages.  Beverages and its importance in modern life.  Industrial growth and development. (15 Hrs)  Synthetic soft drinks:  Study the role of ingredients used in production of soft drink.  Process of manufacture of soft drinks.  Quality of water for soft drinks.  Study the detail of various water treatment processes.  Food additives used in soft drinks.  Quality control in a soft drink manufacturing industry. (27 Hrs)	



Professional	Prepare and pack	25. Preparation of malt extract	Fermented beverages :
Skill 130Hrs;	fermented beverages	(20hrs)	• Study of Fermented
	such as vinegar,	26. Preparation of cider,	Vinegars.(10 hrs)
Professional	fermented juices and	vinegar, banana, pineapple	• Principle of Vinegar
Knowledge	lassi by using	beverages. (30hrs)	Production.
30 Hrs	appropriate	27. Quality testing in	Principle and methods used in
	machines/ tools such	fermented beverages.	preparation of fermented
	as, Fermenter, seed	(20hrs)	beverages.
	germinator, vinegar	28. Packaging of the fermented	<ul><li>Ingredients used in</li></ul>
	generator, autoclave,	beverages. (20hrs)	production of fermented
	bottle washer,	29. Fermentation of Fruits	beverages.
	required	juices. (20hrs)	Fermentation.
	fermentation agents,	30. Preparation of whey(lassi)	Storage.(20 Hrs)
	liquid/ bottle filling	from milk.(20hrs)	31010gc.(201113)
	machine, Chemical		
	solutions and corking		
	machine with safety		
	precautions,		
	determine the acidity,		
	TSS content , pH value		
	and Sensory		
	evaluation.		
	(Mapped		
	NOS:FIC/N2003		
Professional	Prepare and pack	31. Selection of ingredients for	Alcoholic Beverages :
Skill 100Hrs;	fermented beverages	the production of whiskey,	Commercial process details of
	such as whiskey, beer,	beer, wine, rum,	manufacturing alcoholic
Professional	wine, rum and brandy	brandy.(20hrs)	beverages like whiskey, beer,
Knowledge	by using appropriate	32. Demonstrations of beer,	wine, rum, brandy.
24 Hrs	machines/tools such	whiskey, wine, rum and	• Role of ingredients used in
	as, Fermenter, seed	brandy.(20hrs)	production of various
	germinator,	33. Quality testing in alcholoic	alcoholic beverages.
	autoclave, bottle	beverages. (20hrs)	Nutritional and energy values
	washer, required	34. Packaging of the alcoholic	of these products. (24 Hrs.)
	fermentation agents,	beverages.(16 hrs)	
	liquid/bottle filling	35. Industrial visit of food	
	machine, Chemical	beverages industry. (24	
	solutions and corking	Hrs.)	
	machine with safety		



	precautions, determine the alcohol content, acidity, TSS content, pH value and Sensory evaluation. (Mapped NOS:FIC/N2002)		
Professional Skill 40Hrs;  Professional Knowledge 12Hrs	Explain food safety standards and beverage industry waste utilization (Mapped NOS:FIC/N9001)	36. Application of HACCP and GMP in Food beverages industry. (20 Hrs) 37. Utilization of Food beverages industry wastes. (20 hrs)	<ul> <li>Food safety and regulations</li> <li>FSSAI: FDA, Codex Alimentarius, PFA, FPO, BIS, ISO-22000, Agmark, Overview of Food Safety and Standards Act, 2006, HACCP, Food Safety Management System, International Food Standard (SPS,TBT, Drug, Residues Chemicals, GMO) GMP (Good Manufacturing Practices</li> <li>Importance of personal Hygiene, Cleaning &amp; Sanitary standards of Food beverages industry. (12 hrs)</li> </ul>
Industrial Training in Alcoholic or carbonated beverage industry			



### **SYLLABUS FOR CORE SKILLS**

1. Employability Skills (Common for all CTS trades) (120 Hrs)

Learning outcomes, assessment criteria, syllabus and Tool List of Core Skills subjects which is common for a group of trades, provided separately in <a href="www.bharatskills.gov.in">www.bharatskills.gov.in</a> / dgt.gov.in



## LIST OF TOOLS & EQUIPMENT

#### **FOOD BEVERAGE**

(For a batch of 24 Candidates)

S No.	Name of the Tools and Equipment	Specification	Quantity
A. EQUIPMENT, MACHINE & TOOLS			
1.	Oven	Upto 5 KW	1 no.
2.	Platform scale balance	100 Kg Capacity	1 no.
3.	Soda making machines		1 no.
4.	Vinegar generator	Chamber made of SS, with sparger and baffles	1 no.
5.	Fermenter	Bioreactor, SS, with sparger and baffles	1 no.
6.	Slicing machine		1 no.
7.	Automatic pouch machine / filler sealer machine		1 no.
8.	Pulping Machine/Pulper for fruits and		1 no.
9.	Steam jacket kettle 50 litre double jacketed with indenting lever, steam inlet and outlet with steel trolley and accessories to be fitted with boiler.		1 no.
10.	Fruit mill		1 no.
11.	Juice Extractor		1 no.
12.	Corking machines		1 no.
13.	Can seamer, can Reformer, Can Flanger		1 no. Each
14.	Exhaust box		1 no.
15.	Auto clave		1 no.
16.	Cup sealer		1 no.
17.	Digital weighing balance	100 Kg, 2 Kg	02 nos.
18.	Mini water treatment plant		1 no.
19.	Hot plate	Electrical 2 KW	1 no.
20.	Refrigerator	220 litre	1 no.
21.	Tanks SS	50 liters capacity, cylindrical with cap	1 no.



22.	Syrup tanks	50, 100 lit capacity SS	1 no. each
23.	Pressure Cooker	5 Kg and 10 Kg SS	1 no. each
24.	Liquid filling machine	For filling liquid in bottles, 200 ml, 500 ml, 1000 ml.	1 no. each
25.	SS filter	Manual Sieve type cloth filter, hydraulic,	1 no.
26.	Improved stoves	Made of MS with proper safety Measures, Valves etc	2 nos.
27.	Homogenizer		1 no.
28.	Juicer mixer grinder		2 nos.
29.	Baby Boiler/Diesel fuel/capacity of boiler as per capacity of steam jacket kettle.		1 no.
30.	Carbonation machines		1 no.
31.	Distillation Assembly		1 no.
32.	Soft drink making machines		1 no.
B. CONS	SUMABLES TOOLS & ITEMS		
33.	Steel scale	12 " standard steel	2 nos.
34.	Steel tape	Scales 1 meter, and of 50 ft	2 nos.
35.	Cutting equipments	Different knives, Cutters for fruits /Vegetables	As required
36.	Bottle opener	Heavy duty, Stainless Steel	4 nos.
37.	Burette	50 ml digital Automatic/ ordinary glass	2 nos.
38.	Pipette	5-50 ml capacities, glass	2 nos.
39.	Stainless steel / Aluminium pots	Different Capacities	As required
40.	Wooden spoons	Different sizes	As required
C: FURN	IITURE		
Class Ro	oom		
41.	Instructor Chair & Table		01 No
42.	Dual Desk		12 No.
Worksh	op / Lab		
43.	Suitable Work tables		04 No.
44.	Stools		24 No.
45.	Discussion Table		01 No.
46.	Tool Cabinet		01 No.



47.	Trainees Locker with space for 24		01 No.
48.	First Aid Box		01 No.
49.	Book Shelf (glass panel)		01 No.
50.	Fire Extinguisher	Arrange all proper NOCs and equipment from Municipal/Competent authorities.	
51.	Computer with Printer	Latest	01 No.

#### Note: -

- 1. All the tools and equipment are to be procured as per BIS specification.
- 2. Internet facility is desired to be provided in the class room.
- 3. Raw material, Testing Chemicals and consumables are not included in the list.



## **ABBREVIATIONS**

CTS	Craftsmen Training Scheme
ATS	Apprenticeship Training Scheme
CITS	Craft Instructor Training Scheme
DGT	Directorate General of Training
MSDE	Ministry of Skill Development and Entrepreneurship
NTC	National Trade Certificate
NAC	National Apprenticeship Certificate
NCIC	National Craft Instructor Certificate
LD	Locomotor Disability
СР	Cerebral Palsy
MD	Multiple Disabilities
LV	Low Vision
НН	Hard of Hearing
ID	Intellectual Disabilities
LC	Leprosy Cured
SLD	Specific Learning Disabilities
DW	Dwarfism
MI	Mental Illness
AA	Acid Attack
PwD	Person with disabilities



