

DETAILED SYLLABUS FOR THE POST OF HIGHER SECONDARY SCHOOL TEACHER IN SOCIAL WORK IN HIGHER SECONDARY EDUCATION

(Cat.No.: 483/2019)

(Total Marks – 100)

PART I : SOCIAL WORK

Themes	Marks
MODULE 1: SOCIAL WORK – AN OVERVIEW	5
MODULE 2: SOCIAL GROUP WORK	10
MODULE 3: SOCIAL CASE WORK	10
MODULE 4: WORKING WITH COMMUNITIES	10
MODULE 5: DEVELOPMENTAL PSYCHOLOGY	8
MODULE 6: COUNSELLING	7
MODULE 7: BIOLOGICAL BASIS OF BEHAVIOUR	5
MODULE 8: SOCIOLOGY FOR SOCIAL WORK	5
MODULE 9: ADMINISTRATION OF HUMAN SERVICE ORGANIZATIONS	5
MODULE 10: RESEARCH	5
	70

MODULE 1: SOCIAL WORK – AN OVERVIEW

Social Work: Definition, meaning, objectives, principles, skills and techniques – Social Work-related **Concepts:** Social Service, Social Welfare, Social Security, Social Reform, Social Policy, Social Defence, Social Development, Social Justice, and Social Health.

History of the evolution of social work profession nationally and internationally - **NASW** and **Code of Ethics**.

Primary and Secondary Methods of social work - **Fields** (settings) of social work: clinical, school, correction, community development, child rights - **Approaches** to social work practice: Charity, Welfare, Development, Participatory, Sustainability, Right-based, Strength-based, etc.

MODULE 2: SOCIAL GROUP WORK

Concept of Group Work - definition, history, principles, skills and goals of social group work.

Groups: types of social groups, stages of group development and group processes - **Group dynamics** - **Group Work process** - competition, conflict, cooperation, cohesion, coercion and accommodation - **Approaches and models** in group work practice – therapeutic/social treatment, development group and task-oriented group - types of **recordings** in social group work

MODULE 3: SOCIAL CASE WORK

Concept of Social Case Work- definition, history, , objectives and principles - **Social Case Work process-** exploration, multidimensional assessment, social diagnosis, treatment (negotiating goals

and formulating a contract, implementation and goal attainment), prognosis, evaluation, termination, follow-up - **approaches** in case work- psychoanalytical, psycho-social, problem-solving, behaviour modifications, crisis intervention, eclectic approach - **techniques and skills** in social case work - interviews, home visits, resource mobilization, referral, environmental modification, case work relationship and communication types of recordings in case work.

MODULE 4: WORKING WITH COMMUNITIES

Concept of Community: meaning, definition, features, functions - **types of community** - **Community Leadership**: Concept, types - Community Organisation: history; definition; Goals - **Components** of community work: Community groups-Individual-Worker-Agency – **Principles** of Community Organisation - **Community organisation as a social work process** - **role and skills** of Community Organizer - **models** of Community Organisation: Jack Rothman's 3 Models: Locality Development, Social Planning and Social Action; Mary Weil's Eight models; and Neighbourhood Development Model; System Change Model-Structural Change Model.

MODULE 5: DEVELOPMENTAL PSYCHOLOGY

Basic Concepts in Psychology: sensation, perception, cognition, memory, intelligence. Growth and development - influence of heredity and environment

Development: concept - **developmental tasks** - **theories** of development – Psychoanalytic, Psychosocial, Cognitive and Morality - defence mechanisms

Developmental Psychology: the **bio-psycho-social changes** and **hazards** across the life-span: Prenatal; Childhood-early and puberty & adolescence; and young adulthood

MODULE 6: COUNSELLING

Counselling **basics**: definition, objectives, principles - **types** of counselling - qualities of a good counsellor - counselling: **process, skills and techniques** - relationship (transference) - therapeutic **approaches** to counselling: Psychoanalytical, Behavioural, Transactional Analysis, Gestalt, Existential and Humanistic - **allied fields** of counselling - Life Skills Education; Family Life Education; Sex Education; ICTC (pre- and post-); Trauma/Crisis Counselling; counselling on gender identity, substance addiction; issues of body image and self-esteem, etc.

MODULE 7: BIOLOGICAL BASIS OF BEHAVIOUR

Brain - **structure** of neuron; structure of brain: hemisphere-hemispheric specialization, lobes, fore

brain, mid brain, hind brain

Nervous system: CNS & PNS- **neurotransmitters**-, hormones and behaviour, limbic system - hippocampus, amygdala-Evolution, Genes and Behaviour.

Basic psychological/psychiatric disorders: Depression, ADHD, Learning Disabilities, Anxiety Disorders, Autism Spectrum Disorders and probable interventions

MODULE 8: SOCIOLOGY FOR SOCIAL WORK

Concepts of Sociology: family, society, community, association social structure - **social processes** - conjunctive and disjunctive - **culture:** traditions, customs, values, norms, folkways, mores. - **Social Institutions:** meaning, characteristics, functions of social institutions: marriage, family, education, polity and religion - **Social Stratification**– caste, class and estate -origin, characteristics, and theories.

Socialization: meaning, process, agents, theories of socialization - **Social Control:** meaning, characteristics, relevance, and agencies of social control - **Social Change:** meaning, characteristics, factors and theories of social change. **Social Problems:** Poverty, unemployment, migration, alcoholism and substance abuse, domestic violence, dowry, crime and delinquency.

MODULE 9: ADMINISTRATION OF HUMAN SERVICE ORGANIZATIONS

Social Work Administration- concepts, methods, objectives, principles and functions - **Characteristics** of HSO - **Management:** meaning, functions of Management, levels of Management - Managerial Roles - **Administrative Process** Planning-Organising-Staffing-Directing-Co-ordinating-Reporting and Budgeting (POSDCORB) - **registration** of HSO. -Society, Trust, Companies' Act.

Social Welfare Programmes: CSWB & SSWB: Objectives, functions, Organisational structure and programmes:, Kerala Social Security Mission

MODULE 10: RESEARCH

Social Science Research - meaning and characteristics - philosophical dimensions of research - Epistemological and Ontological considerations - **classifications** of research: 1. **purpose** of Social Research: Exploratory; Descriptive, Explanatory; 2. **methodology:** Quantitative, Qualitative and Mixed methods; 3. based on **outcome:** Applied and Basic, action, participatory. Basic **steps** of social science research - primary and secondary **data** - **tools** of data collection, Ethics in Research - **thesis writing** (reporting) : its characteristics and format.

PART II RESEARCH METHODOLOGY/TEACHING APTITUDE 10 Marks)

I. TEACHING APTITUDE (5 Marks)

- Teaching: Nature, objectives, characteristics and basic requirements;
- Learner's characteristics;
- Factors affecting teaching;
- Methods of teaching;
- Teaching aids;
- Evaluation systems.

II. RESEARCH METHODOLOGY (5 Marks)

- Educational Philosophy
- Educational Psychology
- Learning Theories
- Modern Technics in Teaching

PART III : Salient Features of Indian Constitution and Social Welfare Legislations and Programmes (10 Marks)

Salient Features of Indian Constitution (5 Marks)

Salient features of the Constitution - Preamble- Its significance and its place in the interpretation of the Constitution.

Fundamental Rights - Directive Principles of State Policy - Relation between Fundamental Rights and Directive Principles - Fundamental Duties.

Executive - Legislature - Judiciary - Both at Union and State Level. - Other Constitutional Authorities.

Centre-State Relations - Legislative - Administrative and Financial.

Services under the Union and the States.

Emergency Provisions.

Amendment Provisions of the Constitution.

Social Welfare Legislations and Programmes

(5 Marks)

Social Service Legislations like Right to Information Act, Prevention of atrocities against Women & Children, Food Security Act, Environmental Acts etc. and Social Welfare Programmes like Employment Guarantee Programme, Organ and Blood Donation etc.

PART IV : RENAISSANCE IN KERALA, GENERAL KNOWLEDGE AND CURRENT AFFAIRS (10 Marks)

RENAISSANCE IN KERALA (5 Marks)

TOWARDS A NEW SOCIETY

Introduction to English education - various missionary organisations and their functioning- founding of educational institutions, factories, printing press etc.

EFFORTS TO REFORM THE SOCIETY

(A) Socio-Religious reform Movements

SNDP Yogam, Nair Service Society, Yogakshema Sabha, Sadhu Jana Paripalana Sangham, Vaala Samudaya Parishkarani Sabha, Samathwa Samajam, Islam Dharma Paripalana Sangham, Prathyaksha Raksha Daiva Sabha, Sahodara Prasthanam etc.

(B) Struggles and Social Revolts

Upper cloth revolts. Channar agitation, Vaikom Sathyagraha, Guruvayoor Sathyagraha, Paliyam Sathyagraha. Kuttamkulam Sathyagraha, Temple Entry Proclamation, Temple Entry Act .Malyalee Memorial, Ezhava Memorial etc.

Malabar riots, Civil Disobedience Movement, Abstention movement etc.

ROLE OF PRESS IN RENAISSANCE

Malayalee, Swadeshbhimani, Vivekodayam, Mithavadi, Swaraj, Malayala Manorama, Bhashaposhini, Mathnubhoomi, Kerala Kaumudi, Samadarsi, Kesari, AI-Ameen, Prabhatham, Yukthivadi, etc

AWAKENING THROUGH LITERATURE

Novel, Drama, Poetry, *Purogamana Sahithya Prasthanam*, *Nataka Prashtanam*, Library movement etc

WOMEN AND SOCIAL CHANGE

Parvathi Nenmenimangalam, Arya Pallam, A V Kuttimalu Amma, Lalitha Prabhu. Akkamma Cheriyam, Anna Chandi, Lalithambika Antharjanam and others

LEADERS OF RENAISSANCE

Thycaud Ayya Vaikundar, Sree Narayana Guru, Ayyan Kali, Chattampi Swamikal, Brahmananda Sivayogi, Vagbhadananda, Poikayil Yohannan (Kumara Guru) Dr Palpu, Palakkunnath Abraham Malpan, Mampuram Thangal, Sahodaran Ayyappan, Pandit K P Karuppan, Pampadi John Joseph, Mannathu Padmanabhan, V T Bhattathirippad, Vakkom Abdul Khadar Maulavi, Makthi Thangal, Blessed Elias Kuriakose Chavira, Barrister G P Pillai, TK Madhavan, Moorkoth Kumaran, C. Krishnan, K P Kesava Menon, Dr. Ayyathan Gopalan, C V Kunjuraman, Kuroor Neelakantan Namboothiripad, Velukkutty Arayan, K P Vellon, P K Chathan Master, K Kelappan, P. Krishna Pillai, A K Gopalan, T R Krishnaswami Iyer, C Kesavan. Swami Ananda Theerthan, M C Joseph, Kuttippuzha Krishnapillai and others

LITERARY FIGURES

Kodungallur Kunhikkuttan Thampuran, KeralaVarma Valiyakoyi Thampuran, Kandathil Varghese Mappila. Kumaran Asan, Vallathol Narayana Menon, Ulloor S Parameswara Iyer, G Sankara Kurup, Changampuzha Krishna Pillai, Chandu Menon, Vaikom Muhammad Basheer. Kesav Dev, Thakazhi Sivasankara Pillai, Ponkunnam Varky, S K Pottakkad and others

GENERAL KNOWLEDGE AND CURRENT AFFAIRS (5 Marks)

General Knowledge and Current Affairs

NOTE: It may be noted that apart from the topics detailed above, questions from other topics prescribed for the educational qualification of the post may also appear in the question paper. There is no undertaking that all the topics above may be covered in the question paper.