

SSC GD Constable 2026 PDF

- 12.1.11.1 **General Intelligence and Reasoning:** Analytical aptitude and ability to observe and distinguish patterns will be tested through questions principally of non-verbal type. This component may include questions on analogies, similarities and differences, spatial visualization, spatial orientation, visual memory, discrimination, observation, relationship concepts, arithmetical reasoning and figural classification, arithmetic number series, non-verbal series, coding and decoding, etc.
- 12.1.11.2 **General Knowledge and General Awareness:** Questions in this component will be aimed at testing the candidate's general awareness of the environment around him. Questions will also be designed to test knowledge of current events and such matters of everyday observations and experience in their scientific aspect as may be expected of any educated person. The test will also include questions relating to India and its neighbouring countries especially pertaining to sports, History, Culture, Geography, Economic Scene, General Polity, Indian Constitution, scientific Research etc. These Questions will be such that they do not require a special study of any discipline.
- 12.1.11.3 **Elementary Mathematics:** This Section will include questions on problems relating to Number Systems, Computation of Whole Numbers, Decimals and Fractions and the relationship between Numbers, Fundamental arithmetical operations, Percentages, Ratio and Proportion, Averages, Interest, Profit and Loss, Discount, Mensuration, Time and Distance, Ratio and Time, Time and Work, etc.
- 12.1.11.4 **English/ Hindi:** Candidates' ability to understand basic English/ Hindi and their basic comprehension will be tested.

12.2 **Physical Efficiency Test (PET)/ Physical Standard Test (PST):**

Based on the performance in the CBE, candidates will be shortlisted for PET/PST by the Commission. Physical Efficiency Test (PET) and Physical Standard Test (PST) will be conducted at various centres finalized by the CAPFs. Detailed scrutiny of candidates' eligibility/ documents will be undertaken at the time of DME/ DV. Therefore, it will be the responsibility of the candidates to verify their eligibility as prescribed in this Notice before appearing for CBE/ PET/PST. Candidates shortlisted for PET/PST will be asked to go through biometric verification followed by PET & PST. The PST shall include measurement of height, weight & Chest (as applicable).

- 12.3 Ex-Servicemen are exempted from PET/PST. However, Ex-Servicemen, who are shortlisted in the Computer Based Examination for PET/PST, will have to appear in PET/PST for recording of measurement of height, chest and weight for record purposes. PET will not be held for these Ex-servicemen candidates. However, they will have to qualify the Medical Examination.

- 12.4 **Physical Efficiency Test (PET):** Candidates have to clear the race within the following time limits:

Event	Male	Female	Remarks
Race	5 Kms in 24 minutes.	1.6 Kms in 8 ½ minutes	For candidates other than those belonging to the Ladakh Region.
	1.6 Kms in 7 minutes	800 metres in 5 minutes	For candidates of Ladakh Region.

12.5.2 **Chest:** Male candidates should have the following standards of chest measurement:

12.5.2.1 Un-expanded: 80 cms

12.5.2.2 Minimum expansion: 5 cms

12.5.2.3 Few categories of candidates are allowed relaxation in chest measurement. Relaxed standards of chest measurement for such candidates are as follows:

S. No.	Relaxation in Chest to few categories of Candidate	Un-expanded (cms)	Minimum Expansion (cms)
(a)	All candidates belonging to Scheduled Tribes.	76	5
(b)	Candidates falling in the categories of Garhwalis, Kumaonis, Dogras, Marathas and candidates belonging to the States/ UTs of Assam, Himachal Pradesh, Jammu & Kashmir and Ladakh.	78	5
(c)	Candidates hailing from North-Eastern States of Arunachal Pradesh, Manipur, Meghalaya, Mizoram, Nagaland, Sikkim, Tripura and Gorkha Territorial Administration (GTA).	77	5